FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

(Print or Type Responses)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Peng Feng				2. Issuer Name and Ticker or Trading Symbol USANA HEALTH SCIENCES INC [USNA]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_ Director 10% Owner				
(Middle) 3838 WEST PARKWAY BLVD				3. Date of Earliest Transaction (Month/Day/Year) 02/10/2021						-	Officer (g	ive title below)	Oth	er (specify belo	w)
(Street)				4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person				
SALT LAKE CITY, UT 84121										_	Form filed by More than One Reporting Person				
(City) (State) (Zip)				Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned											
(Instr. 3)		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	e, if	3. Trans Code (Instr. 8)		4. Securities Acquired or Disposed of (D) (Instr. 3, 4 and 5)		Ď) I	Beneficially Reported Tr		llowing (Ownership Form:	Beneficial	
				ear)	Code	V	Amoun	(A) or (D)	Price	Instr. 3 and	str. 3 and 4)		Direct (D) or Indirect (I) (Instr. 4)	Ownership Instr. 4)	
Common Stock 02/10/			02/10/2021			M		426	A	(1)	1,607)	
Common Stock		02/11/2021			S		852	11)	\$ 94.6075	755		I)		
			Table II	- Derivative Se			forn	n displantischer disposed	ays a cu l of, or Be	rrently val	id OMB c		nd unless th	e	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Y			5. N of D Sc A (A Of	umber	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title an of Underly Securities (Instr. 3 ar	ving	Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form of Derivative Security: Direct (D) or Indirect (Instr. 4)	Beneficial Ownership (Instr. 4)	
				Code	V (4	A) (D)	Date Exerc		Expiration Date	Title	Amount or Number of Shares				
Restricted Stock Unit	<u>(1)</u>	10/21/202	20	М		426	1	(2)	(2)	Common	1 426	\$ 0	852	D	

Reporting Owners

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
Peng Feng 3838 WEST PARKWAY BLVD SALT LAKE CITY, UT 84121	X					

Signatures

Joshua Foukas, as attorney in fact.	02/12/2021
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Each restricted stock unit represents a contingent right to receive one share of USNA common stock.
- (2) Restricted Stock Units vest 25% on July 22, 2020, October 21, 2020, February 10, 2021, and April 28,2021.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.