# FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL						
DMB Number:	3235-0287					
Estimated average burden						
nours per respon	se 0.5					

longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type R	tesponse	s)																	
1. Name and Address of Reporting Person * Gull Global Ltd					2. Issuer Name and Ticker or Trading Symbol USANA HEALTH SCIENCES INC [USNA]							5	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director  X 10% Owner						
(Last) (First) (Middle) PO BOX N-4899, 2/F BAHAMAS FINANCIAL CTR, SHIRLEY & CHARLOTTE STREETS				~	3. Date of Earliest Transaction (Month/Day/Year) 09/15/2017									r (give title belo			pecify below	w)	
(Street) NASSAU, C5 BH1-1000				4. If	4. If Amendment, Date Original Filed(Month/Day/Year)								6. Individual or Joint/Group Filing(Check Applicable Line)  X_Form filed by One Reporting Person  Form filed by More than One Reporting Person						
(City) (State) (Zip)					Table I - Non-Derivative Securities Acquir						cquir	red, Disposed of, or Beneficially Owned							
(Instr. 3)		2. Transaction Date (Month/Day/Year	Execu any		ion Date, if	Code (Instr. 8)		tion	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		(D)	Reported Transaction(s)		Ownership of I Form: Ber		eneficial			
				(Mont	th/Day/Y	ear)	Со	de	v	Amount	(A) or (D)	Pri	ice	(Instr. 3 and 4)			Direct or Indi (I) (Instr.	irect (I	wnership nstr. 4)
Common Stoo	ck		09/15/2017				S	}		28,788 (1)	D	\$ 57.1 (2)	945	12,190,	138		D		
Reminder: Repoindirectly.	ort on a s	separate line f	for each class of se	curities	beneficia	ally	ownec		Per:	sons wh	n this	form	n are	not req	uired to re	nformation espond un ntrol numb	less	SEC	1474 (9- 02)
			Table II -					•		oisposed s, conver				y Owned	l				
1. Title of Derivative Security Instr. 3)  1. Title of Conversion or Exercise Price of Derivative Security		(Month/Day/Year) any		Date, if	4. Transaction Code Year) (Instr. 8)		of ar		and	6. Date Exercisable and Expiration Date Month/Day/Year)		te )	Amo Unde Secu	tle and unt of erlying rities r. 3 and		9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Ow For De Sec Dir or I	vnership rm of	11. Natur of Indirec Beneficia Ownershi (Instr. 4)
					Code	V	(A)	(D)	Dat Exe	te ercisable	Expir Date	ation	Title	Amount or Number of Shares					

### **Reporting Owners**

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Gull Global Ltd							
PO BOX N-4899, 2/F BAHAMAS FINANCIAL CTR		X					
SHIRLEY & CHARLOTTE STREETS		Λ					
NASSAU, C5 BH1-1000							

### **Signatures**

James Bramble, as attorney in fact.	09/15/2017
Signature of Reporting Person	Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The holder of record of the shares of Common Stock disposed is Gull Global Limited, an entity wholly indirectly owned and controlled by Dr. Myron W. Wentz. Weighted average price. Price range in multiple transactions was \$57.00 to \$57.45, inclusive. The reporting person undertakes to provide USANA Health Sciences, Inc.,
- (2) any security holder thereof or the staff at the Securities and Exchange Commission information regarding the number of shares sold at each price within the ranges set

forth.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.