# FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL						
OMB Number: 3235-0287						
Estimated average burden						
ours per response 0.5						

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Print or Ty	pe Response	es)																	
Name and Address of Reporting Person * Gull Global Ltd					2. Issuer Name <b>and</b> Ticker or Trading Symbol USANA HEALTH SCIENCES INC [USNA]							5	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director  X 10% Owner						
	N-4899, 2		(Middle) IAS FINANCIAI TE STREETS		3. Date of Earliest Transaction (Month/Day/Year) 09/12/2017						-		(give title belo		Other (spec		w)		
(Street) NASSAU, C5 BH1-1000				4. If A	4. If Amendment, Date Original Filed(Month/Day/Year)								6. Individual or Joint/Group Filing(Check Applicable Line) X_Form filed by One Reporting PersonForm filed by More than One Reporting Person						
(City	)	(State)	(Zip)			Гal	ole I -	Non-	Der	ivative S	ecuri	ties Ac	cquir	ed, Dispo	sed of, or I	Beneficially	Owned		
(Instr. 3) Date		2. Transaction Date (Month/Day/Year)	any	eemed 3. Transaction Date, if Code (Instr. 8)			4. Securities A (A) or Dispose (Instr. 3, 4 and		sed of (D) Ber d 5) Rep		5. Amount of Securities Beneficially Owned Following Reported Transaction(s)		Ownership Form:		7. Nature of Indirect Beneficial Ownership				
				(WIOIIII		ur )	Coo	de	V	Amount	(A) or (D)	Prio	ce	(Instr. 3 and 4)					nstr. 4)
Common	Stock		09/12/2017				S	,		26,207 (1)	D	\$ 57.90 (2)	076	12,272,	,272,013				
Common	Stock		09/13/2017				S	,		18,861 (1)	D	\$ 57.3894 12,		12,253,152		D			
Common Stock 09/14/2017		09/14/2017			S	,		34,226 (1)	D	\$ 57.50 (4)	077	12,218,	,218,926		D				
Reminder:	Report on a	separate line	for each class of sec	urities ł	beneficial	ly o	owned												
									con	tained i	n this	form	n are	not req	uired to re	formation spond un itrol numb	less	SEC	1474 (9- 02)
			Table II - I											y Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		on 3A. Deemed Execution D	ate, if	4. Transacti Code	on	5. Nu	mber ative ities ired r osed )	6. I and	and Expiration Date (Month/Day/Year)  Am Und Sec		7. Tit Amor Unde Secur (Instr	Title and ount of Derivative Security urities ttr. 3 and		9. Number Derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Own Forn Deri Secu Dire or In	of of vative rity: ot (D) direct	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	V	(A)	(D)	Dat Exe	e ercisable	Expir Date	ation ,	Title	Amount or Number of Shares					

## **Reporting Owners**

Donatha Oman Nama (Allina	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Gull Global Ltd							
PO BOX N-4899, 2/F BAHAMAS FINANCIAL CTR		X					
SHIRLEY & CHARLOTTE STREETS		Λ					
NASSAU, C5 BH1-1000							

## **Signatures**

James Bramble, as attorney in fact.	09/14/2017
**Signature of Reporting Person	Date

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The holder of record of the shares of Common Stock disposed is Gull Global Limited, an entity wholly indirectly owned and controlled by Dr. Myron W. Wentz.
- Weighted average price. Price range in multiple transactions was \$57.80 to \$58.35, inclusive. The reporting person undertakes to provide USANA Health Sciences, Inc., (2) any security holder thereof or the staff at the Securities and Exchange Commission information regarding the number of shares sold at each price within the ranges set forth
- Weighted average price. Price range in multiple transactions was \$57.20 to \$58.00, inclusive. The reporting person undertakes to provide USANA Health Sciences, Inc., (3) any security holder thereof or the staff at the Securities and Exchange Commission information regarding the number of shares sold at each price within the ranges set forth
- Weighted average price. Price range in multiple transactions was \$57.40 to \$57.65, inclusive. The reporting person undertakes to provide USANA Health Sciences, Inc., (4) any security holder thereof or the staff at the Securities and Exchange Commission information regarding the number of shares sold at each price within the ranges set

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.