

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL				
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ours per response	9 0.5			

longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

ses)													
of Reporting Perso		2. Issuer Name and Ticker or Trading Symbol USANA HEALTH SCIENCES INC [USNA]				.1	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
(First)				iest Traı	nsact	ion (Month/I	Day/Year)					v)	
(Street)	4	4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line)  X_ Form filed by One Reporting Person  Form filed by More than One Reporting Person							
	(7:-)										ne reporting reroe		
(State)	(Zip)			Table	I - N	lon-Derivati	ive Securiti	es Acquire	ed, Dispos	ed of, or Be	eneficially Ow	ned	
	Date (Month/Day/Year)	Execution any	Dat	e, if Co (Ir (ear)	ode istr. 8	(A) (Ins	or Disposed str. 3, 4 and (A) o	d of (D) Bo 5) Ro	eneficially eported Tr	Owned Fol	lowing C	Ownership of orm: Direct (D) Or Indirect (I)	Nature f Indirect eneficial twnership instr. 4)
						containe form dis ired, Dispos	ed in this for plays a cu	orm are n irrently va	ot requir Ilid OMB	ed to resp	ond unless		74 (9-02)
3 Transaction	`		calls	_				1	d	8 Price of	9 Number of	10	11. Natur
Date (Month/Day/Yea	Execution Date, i	f Transac Code		of Deriva Securio Acquio (A) or Dispos of (D)	tive ties red	and Expiration Date (Month/Day/Year)  d  Amout Underl Securit (Instr.		Amount o Underlyin Securities	ount of lerlying Security (Instr. 5) Ben Own Follo Rep		Derivative Securities Beneficially Owned Following Reported	Form of Derivative Security: Direct (D) or Indirect tion(s) (I)	of Indirect Beneficia Ownershi (Instr. 4)
		Code	v	(A)	(D)			Title	Amount or Number of Shares				
05/01/2017		A		1,880	. ,	(2)	(2)	Common	1,880	<u>(1)</u>	3,660	D	
	(Street) 059 (State) a separate line for each of the separate line	(First) (Middle)  (Street)  (Street)  (State)  (Zip)  2. Transaction Date (Month/Day/Year)  a separate line for each class of securities  Table II - D  (e.  3. Transaction Date (Month/Day/Year)  (Month/Day/Year)	(First) (Middle) 3. Date of 05/01/20 (Street) 4. If Amer 2059 (State) (Zip)  2. Transaction Date (Month/Day/Year)  a separate line for each class of securities beneficities b	(First) (Middle) 3. Date of Earl 05/01/2017  (Street) 4. If Amendment of State) (Zip)  2. Transaction Date (Month/Day/Year) (Month/Day/Year) 2A. Deemed Execution Data any (Month/Day/Year) (Month/Day/Year) 3A. Deemed Execution Date (e.g., puts, calls any (Month/Day/Year) (Month/Day/Year) 3A. Deemed Execution Date, if Transaction any (Month/Day/Year) (Month/Day/Year) (Instr. 8)	(First) (Middle) 3. Date of Earliest Tran 05/01/2017  (Street) 4. If Amendment, Date of Earliest Tran 05/01/2017  4. If Amendment, Date of Execution Date, if Odd Execution Dat	(First) (Middle) 3. Date of Earliest Transact 05/01/2017  4. If Amendment, Date Original Street (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 3. Transaction Date (e.g., puts, calls, warrants, or Date (Month/Day/Year) 3. Transaction Date (Month/Day/Year) 3. Transaction Date (Month/Day/Year) 4. If Amendment, Date Original Street (Instr. 8) 2. Transaction Date (Instr. 8) 5. Number Original Street (Instr. 8) 2.	(First) (Middle) 3. Date of Earliest Transaction (Month/D5/01/2017  4. If Amendment, Date Original Filed(Month/Day/Year)  2. Transaction Date (Month/Day/Year)  2. Transaction Date (Persons containe form dis  Table II - Derivative Securities Acquired, Dispose (e.g., puts, calls, warrants, options, con Date (Month/Day/Year)  3. Transaction Date (Month/Day/Year)  3. Transaction Date (Instr. 8)  3. Transaction Ode (Instr. 8)  4. S. Number Of Derivative Securities Acquired (Month/Day/Year)  (Month/Day/Year)  3. Transaction Date (Instr. 8)  4. S. Number Of Derivative Securities Acquired (Month/Day/Year)  (Month/Day/Year)  3. Transaction Date (Instr. 8)  4. Date Execution Date (Instr. 3)  4. Date Execution Date (Instr. 3)  4. Date Exercisable Exercisable	(First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) 05/01/2017  (Street) 4. If Amendment, Date Original Filed(Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (e.g., puts, calls, warrants, options, convertible see (e.g., puts, calls, warrants, options, convertible see (Month/Day/Year) 3. Transaction Date (Month/Day/Year) 3. Transaction Date (e.g., puts, calls, warrants, options, convertible see (Month/Day/Year) 3. Transaction Date (Month/Day/Year) 3. Transaction Date (e.g., puts, calls, warrants, options, convertible see (Month/Day/Year) 3. Number Occide Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) 4. Date Expiration Date (Month/Day/Year) 4. Date	(Street)  (Street)  (Street)  (Street)  (Street)  (Street)  (State)  (Zip)  (State)  (Zip)  (State)  (Zip)  (State)  (Zip)  (Zip)  (State)  (A) or Disposed of (D) (Instr. 3, 4 and 5)  (Instr. 4)  (Instr. 4)  (Instr. 5)  (Instr. 6)  (Instr. 6)  (Instr. 8)  (Instr. 3)  (Instr. 3)	(First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) (O5/01/2017 (Officer of O5/01/2017 (Officer officer of O5/01/2017 (Officer officer of O5/01/2017 (Officer officer officer of O5/01/2017 (Officer officer officer officer of O5/01/2017 (Officer officer officer officer officer officer officer officer of O5/01/2017 (Officer officer offi	(Street)  (Street)  (Street)  4. If Amendment, Date Original Filed(Month/Day/Year) (State)  (Zip)  (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year)  (A) or Disposed of (D) Reported Transaction (Instr. 3, 4 and 5)  (Instr. 3, 4 and 5)  (Instr. 3 and 4)  (Instr. 3 and 4)  (A) or Disposed of (D) Reported Transaction (Instr. 3)  (Instr. 3 and 4)  (Rown this form are not required to resp form displays a currently valid OMB control in Contained in this form are not required to resp form displays a currently valid OMB control in Contained in this form are not required to resp form displays a currently valid OMB control in Contained in this form are not required to resp form displays a currently valid OMB control in Contained in this form are not required to resp form displays a currently valid OMB control in Contained in this form are not required to resp form displays a currently valid OMB control in Contained in this form are not required to resp form displays a currently valid OMB control in Contained in this form are not required to resp form displays a currently valid OMB control in Contained in this form are not required to resp form displays a currently valid OMB control in Contained in this form are not required to resp form displays a currently valid OMB control in Contained in this form are not required to resp form displays a currently valid OMB control in Contained in this form are not required to resp form displays a currently valid OMB control in Contained in this form are not required to resp form displays a currently valid OMB control in Contained in this form are not required to resp form displays a currently valid OMB control in Contained in	(State) (State	(Street) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) (Street) 4. If Amendment, Date Original Filed(Month/Day/Year) (Street) 4. If Amendment, Date Original Filed(Month/Day/Year) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned (Month/Day/Year) (Month/Da

D ( O N /All	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Peng Feng 20 RIDGE RD WARREN, NJ 07059	X						

## **Signatures**

James Bramble, as attorney in fact.	05/03/2017
**Signature of Reporting Person	Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Each Deferred Stock Unit ("DSU") represents the issuer's obligation to transfer one share of common stock in accordance with the terms of the deferred stock unit agreement pursuant to which the DSU's were granted.
- (2) Following termination of the undersigned's service on the issuer's Board of Directors, the issuer will distribute to the undersigned shares of common stock equal to the number of DSU's granted.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.