

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROV	'AL
OMB Number:	3235-0104
Estimated average burder	hours per
	0.5

#### INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of

(Print or Type Responses)									
Name and Address of Reporting Person * Beagle Irrevocable Asset Trust			3. Issuer Name and Ticker or Trading Symbol USANA HEALTH SCIENCES INC [USNA]						
(Last) (First) (Middle) 4567 LAKE SHORE DRIVE	-03/13/2008		(Check all applicable)		uer 5. If Amer	5. If Amendment, Date Original Filed(Month/Day/Year)			
(Street) WACO, TX 76710			Director 10% Owner Officer (give title below) X Other (specify below) (1)		_X_ Form file	6. Individual or Joint/Group Filing(Check Applicable Line)  X_Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City) (State) (Zip)	Table I - Non-Derivative Securities Beneficially Owned								
1.Title of Security (Instr. 4)		2. Amount of Securitie (Instr. 4)		3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)		Beneficial Ownership			
Common Stock		17,340		D					
Reminder: Report on a separate line for each class of securities beneficially owned directly.  SEC 1473 (7-02)  Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.  Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)									
1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and Expiration Date (Month/Day/Year)	3. Title and Amount of Underlying Derivativ (Instr. 4)		Exercise Price of Derivative Security	5. Ownership Form of Derivative Security: Direct (D)	Nature of Indirect Beneficial Ownership     (Instr. 5)			
	Date Expiration Exercisable Date	Title Amount or Nu	imber of Shares		or Indirect (I) (Instr. 5)				

## **Reporting Owners**

Reporting Owner Name / Address	Relationships			
Reporting Owner Name / Address	Director	10% Owner	Officer	Other
Beagle Irrevocable Asset Trust 4567 LAKE SHORE DRIVE WACO, TX 76710				(1)

## **Signatures**

/s/ Eugene R. Franklin, Trustee	05/23/2008
Signature of Reporting Person	Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 5(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

#### Remarks:

(1) Reporting Person may be deemed to be a member of a 13(d) group that collectively is a ten percent (10%) owner (see that certain Schedule 13(d) filed on May 23, 2008 by Reporting Person and o

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, See Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.