FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OI	MR	AP	PR	O	/Α

OMB Number:	3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the purchase or sale of equity securities of the issuer that is intended to satisfy the

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

affirmative defense of 10b5-1(c). See Instr						
1. Name and Address Brown Jim	of Reporting Person*		2. Issuer Name and Ticker or Trading Symbol USANA HEALTH SCIENCES INC [USNA]		tionship of Reporting Perso all applicable) Director	n(s) to Issuer
(Last) 3838 WEST PARI	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 07/24/2023	X	Officer (give title below) CHIEF EXECUTIV	Other (specify below)
(Street) WEST VALLEY CITY	UT	84120	4. If Amendment, Date of Original Filed (Month/Day/Year) 07/25/2023	6. Indivi	idual or Joint/Group Filing (Form filed by One Repo Form filed by More than	rting Person
(City)	(State)	(Zip)				

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transac Code (Ir 8)	tion	4. Securities Ad Disposed Of (D			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership
			Code V		Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(Instr. 4)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

	1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transac Code (In 8)			Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	Reported	Ownership Form: Direct (D)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)		
- 1	Restricted Stock Units	(1)	07/24/2023		A		8,760		(2)	(2)	Common Stock	8,760(3)	\$0	43,222	D	

Explanation of Responses:

- 1. Each restricted stock unit represents a contingent right to receive one share of USNA common stock.
- $2.\ Restricted\ Stock\ Units\ Vest\ 25\%\ on\ July\ 24,\ 2024,\ July\ 24,\ 2025,\ July\ 24,\ 2026\ and\ July\ 24,\ 2027.$
- 3. The Form 4 filed 07/25/2023 disclosed an incorrect amount of 43,222 underlying securities related to this award. The correct amount is 8,760.

/s/ Joshua Foukas, Attorney-in-

<u>Fact</u>

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.