UNITED STATES

SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of

the Securities Exchange Act of 1934

Date of Report (Date of Earliest Event Reported): April 25, 2023

USANA HEALTH SCIENCES, INC.

(Exact name of registrant as specified in its charter)

Utah (State or other jurisdiction of incorporation)

001-35024 (Commission File No.) 87-0500306 (IRS Employer Identification No.)

3838 West Parkway Boulevard Salt Lake City, Utah 84120 (Address of principal executive offices, Zip Code) Registrant's telephone number, including area code: (801) 954-7100

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:
☐ Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

□ Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

□ Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Securities registered pursuant to Section 12(b) of the Act:

Title of each class	Trading Symbol(s)	Name of each exchange on which registered
Common Stock, \$0.001 par value per share	USNA	New York Stock Exchange

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§240.12b-2 of this chapter).

Emerging	growth company	Г

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act. \Box

Item 2.02 Results of Operations and Financial Condition.

On April 25, 2023, USANA Health Sciences, Inc. (the "Company" or "USANA") issued a press release announcing its financial results for the first quarter ended April 1, 2023. The release also announced that the Company will post a document titled "Management Commentary" on the Company's website and that executives of the Company will hold a conference call with investors, to be broadcast over the World Wide Web and by telephone and provided access information, date and time for the conference call. The Company noted that the call will consist of brief remarks by the Company's management team, before moving directly into questions and answers. A copy of the press release, and the Management Commentary, are furnished herewith as Exhibits to this Current Report on Form 8-K and are incorporated herein by reference. These documents will be posted on the Company's corporate website, www.usana.com.

The information in this Current Report is being furnished and shall not be deemed "filed" for the purposes of Section 18 of the Securities Exchange Act of 1934, as amended, or otherwise subject to the liabilities of that Section. The information in this Current Report shall not be incorporated by reference into any registration statement or other document pursuant to the Securities Act of 1933, as amended. The furnishing of the information in this Current Report is not intended to, and does not, constitute a representation that such furnishing is required by Regulation FD or that the information this Current Report contains is material investor information that is not otherwise publicly available.

Item 7.01 Regulation FD Disclosure

The information disclosed above under Item 2.02, as well as the exhibits attached under Item 9.01 below are incorporated herein by reference.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits

Exhibit No.	Description
99.1	Press release issued by USANA Health Sciences, Inc. dated April 25, 2023 (furnished herewith).
99.2	Management Commentary provided by USANA Health Sciences, Inc. dated April 25, 2023 (furnished herewith).

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

USANA HEALTH SCIENCES, INC.

By: /s/ G. Douglas Hekking G. Douglas Hekking, Chief Financial Officer

Date: April 25, 2023

Exhibit Index

Exhibit No.	Description
99.1	Press release issued by USANA Health Sciences, Inc. dated April 25, 2023 (furnished herewith).

99.2 <u>Management Commentary provided by USANA Health Sciences, Inc. dated April 25, 2023 (furnished herewith).</u>

USANA Health Sciences Reports First Quarter Net Sales of \$248 Million and Diluted EPS of \$0.95

SALT LAKE CITY--(BUSINESS WIRE)--April 25, 2023--USANA Health Sciences, Inc. (NYSE: USNA) today announced financial results for its fiscal first quarter ended April 1, 2023.

Key Financial & Operating Results

- First quarter net sales were \$248 million versus \$228 million for the fourth quarter of 2022 and \$273 million during the first quarter of 2022.
- First quarter diluted EPS was \$0.95 as compared with \$0.66 for the fourth quarter of 2022 and \$1.15 during the first quarter of 2022.
- Generated \$13 million of operating cash flow during the quarter.
- Fiscal 2023 net sales and diluted EPS guidance updated to \$875 to \$950 million and \$2.40 to \$3.30, respectively, from \$850 million to \$950 million and \$2.35 to \$3.30.

Q1 2023 Financial Performance

Consolidated Results		
Net Sales	\$248 million	 +9% sequentially +5% sequentially in constant currency -9% vs. Q1 2022 -4% constant currency vs. Q1 2022 -\$13 million YOY FX impact, or -5%
Diluted EPS	\$0.95	 +44% sequentially -17% vs. Q1 2022 Diluted shares of 19.3 million, -1% YOY
Active Customers	491,000	• Flat sequentially • -11% vs. Q1 2022

"USANA's solid first quarter performance was driven by several initiatives that helped stabilize active customer counts and contribute to sequential quarter net sales growth," said Kevin Guest, Chief Executive Officer and Chairman of the Board. "Our results during the first few weeks of the quarter benefitted from increased demand for several of our health products in China following the government's shift in COVID policy. In addition, our announcement of product price increases in several markets stimulated product purchasing ahead of those increases. Because of the solid start to the year, we have raised the lower end of our net sales and earnings per share guidance.

"We continue to make progress on several key strategic initiatives for 2023, most of which are aimed at increasing the active customer base and positioning USANA for long-term sustainable growth. Key among these initiatives is the return to live sales meetings and events where possible. The in-person meetings and events held during and following the first quarter were targeted at engaging and further incenting our sales force and the feedback from these events has been encouraging. We remain optimistic that our overall strategy for the year will support customer engagement and stimulate positive momentum in our business."

Q1 2023 Regional Results:

Asia Pacific Region			
Net Sales	\$200 million	 +9% sequentially +4% constant currency sequentially -9% vs. Q1 2022 -3% constant currency vs. Q1 2022 80% of consolidated net sales 	
Active Customers	386,000	 +1% sequentially -9% vs. Q1 2022 	

	Asia Pa	cific Sub-Regions
	Gr	eater China
Net Sales	\$124 million	 +5% sequentially +1% constant currency sequentially -7% vs. Q1 2022 -1% constant currency vs. Q1 2022
Active Customers	242,000	-1% sequentially-5% vs. Q1 2022
	N	North Asia
Net Sales	\$30 million	 +21% sequentially +12% constant currency sequentially -1% vs. Q1 2022 +5% constant currency vs. Q1 2022
Active Customers	54,000	+2% sequentially-5% vs. Q1 2022
	Southe	east Asia Pacific
Net Sales	\$46 million	 +14% sequentially +10% constant currency sequentially -15% vs. Q1 2022 -12% constant currency vs. Q1 2022
Active Customers	90,000	+3% sequentially-18% vs. Q1 2022

Americas and Europe Region			
Net Sales	\$49 million	 +9% sequentially +8% constant currency sequentially -11% vs. Q1 2022 -9% constant currency vs. Q1 2022 20% of consolidated net sales 	
Active Customers	105,000	-1% sequentially-19% vs. Q1 2022	

[&]quot;Our first quarter operating results were modestly ahead of expectations and were predominantly driven by increased customer activity in our Asia Pacific region. The operating leverage generated by the growth in revenue positively contributed to our first quarter operating performance," said Doug Hekking, Chief Financial Officer.

Fiscal Year 2023 Outlook

The Company is raising the lower end of its net sales and earnings per share outlook for fiscal year 2023 as follows:

Fiscal Year 2023 Outlook				
Revised Range Previous Range				
Consolidated Net	\$875 - \$950	\$850 - \$950		
Sales	million	million		
Diluted EPS	\$2.40 - \$3.30	\$2.35 - \$3.30		

Mr. Hekking added, "We are raising the lower end of our guidance range for both net sales and earnings per share as a result of the performance in the first quarter. Sales during the first few weeks of the quarter benefited by approximately \$12 million due to higher demand for several of our health products in China as well as an estimated \$13 million in customer purchasing activity ahead of announced price increases. Furthermore, our fiscal 2023 outlook continues to reflect a wider range due to the continued uncertainty surrounding the operating and geopolitical environment around the world."

Balance Sheet and Share Repurchase Activity

The Company generated \$13 million of operating cash flow during the first quarter and ended the quarter with \$295 million in cash and cash equivalents and remained debt-free. The Company did not repurchase shares during the quarter and, as of April 1, 2023, had approximately \$83 million remaining under the current share repurchase authorization.

Management Commentary Document and Conference Call

For further information on the USANA's operating results, please see the Management Commentary document, which has been posted on the Company's website (http://ir.usana.com) under the Investor Relations section. USANA's management team will hold a conference call and webcast to discuss today's announcement with investors on Wednesday, April 26, 2023 at 11:00 AM Eastern Time. **Investors may listen to the call by accessing USANA's website athttp://ir.usana.com**. The call will consist of brief opening remarks by the Company's management team, followed by a questions and answers session.

Non-GAAP Financial Measures

The Company prepares its financial statements using U.S. generally accepted accounting principles ("GAAP"). Constant currency net sales, earnings, EPS and other currency-related financial information (collectively, "Financial Results") are non-GAAP financial measures that remove the impact of fluctuations in foreign-currency exchange rates ("FX") and help facilitate period-to-period comparisons of the Company's Financial Results that we believe provide investors an additional perspective on trends and underlying business results. Constant currency Financial Results are calculated by translating the current period's Financial Results at the same average exchange rates in effect during the applicable prior-year period and then comparing this amount to the prior-year period's Financial Results.

About USANA

USANA develops and manufactures high-quality nutritional supplements, functional foods and personal care products that are sold directly to Associates and Preferred Customers throughout the United States, Canada, Australia, New Zealand, Hong Kong, China, Japan, Taiwan, South Korea, Singapore, Mexico, Malaysia, the Philippines, the Netherlands, the United Kingdom, Thailand, France, Belgium, Colombia, Indonesia, Germany, Spain, Romania, and Italy. More information on USANA can be found at www.usana.com.

Safe Harbor

This press release contains forward-looking statements within the meaning of Section 27A of the Securities Act and Section 21E of the Securities Exchange Act. Our actual results could differ materially from those projected in these forward-looking statements, which involve a number of risks and uncertainties, including: uncertainty related to the COVID-19 pandemic ("COVID-19") to our business, operations and financial results; the potential for a resurgence of COVID-19 spread in any of our markets in the future; the impact of COVID-19 on the domestic and world economies, including any negative impact on discretionary spending, consumer demand, and consumer behavior in general; regulatory risk in China in connection with the health products and direct selling business models; regulatory risk in the United States in connection with the direct selling business model; potential negative effects of deteriorating foreign and/or trade relations between the United States and China; compliance with data privacy and security laws and regulations in our markets around the world; potential negative effects from geopolitical relations and conflicts, including the Russia-Ukraine conflict; potential negative effects of material breaches of our information technology systems to the extent we experience a material breach; material failures of our information technology systems; global economic conditions generally, including increasing inflationary pressure around the world and any negative impact on our operating costs, consumer demand and consumer behavior in general; reliance upon our network of independent Associates; risk associated with governmental regulation of our products, manufacturing and direct selling business model; adverse publicity risks globally; risks associated with our international expansion and operations; and uncertainty relating to the fluctuation in U.S. and other international currencies. The contents of this release should be considered in conjunction with the risk factors, warnings, and cautionary s

USANA Health Sciences, Inc. Consolidated Statements of Operations

(In thousands, except per share data)
(Unaudited)

	Quarter Ended		
	1-	Apr-23 2	-Apr-22
Net sales	\$	248,360\$	272 867
Cost of sales	Ψ.	48,519	51,383
Gross profit		199,841	221,484
Operating expenses:			
Associate incentives		106,070	119,620
Selling, general and administrative		66,926	68,797
Earnings from operations		26,845	33,067
Other income (expense), net		1,656	220
Earnings before income taxes		28,501	33,287
Income taxes		10,118	10,818
NET EARNINGS	\$	18,383 \$	22,469
Earnings per share - diluted	\$	0.95\$	1.15
Weighted average shares outstanding - diluted		19,328	19,481

USANA Health Sciences, Inc. Consolidated Balance Sheets

(In thousands) (Unaudited)

	As of As of
	1-Apr-23 31-Dec-2
ASSETS	
Current Assets	
Cash and cash equivalents	\$ 295,454 \$ 288,42
Inventories	64,490 67,08
Prepaid expenses and other current assets	35,934 28,87
Total current assets	395,878 384,38
Property and equipment, net	96,798 97,77
Goodwill	17,411 17,36
Intangible assets, net	31,971 32,43
Deferred tax assets	7,868 9,79
Other assets	55,607 54,79
Total assets	\$ 605,533 \$ 596,54
LIABILITIES AND STOCKHOLDERS' EQUI	ITY
Current Liabilities	
Accounts payable	\$ 10,511\$ 11,04
Other current liabilities	119,711 132,78
Total current liabilities	130,222 143,83
Deferred tax liabilities	5,575 4,07
Other long-term liabilities	14,382 14,17
Stockholders' equity	455,354 434,47
Total liabilities and stockholders' equity	\$ 605,533 \$ 596,54

USANA Health Sciences, Inc. Sales by Region

(In thousands) (Unaudited)

Quarter Ended

	April 1,	. 2023	April 2.	2022	Change from	İ	Currency impact on sales	_
Asia Pacific		,	<u> </u>			1 ,		
Greater China	\$123,820	49.9%	\$133,739	49.0%	\$ (9,919)	(7.4%)	\$ (8,821)	(0.8%)
Southeast Asia Pacific	46,286	18.6%	54,742	20.0%	(8,456)	(15.4%)	(2,125)	(11.6%)
North Asia	29,608	11.9%	29,939	11.0%	(331)	(1.1%)	(1,690)	4.5%
Asia Pacific Total	199,714	80.4%	218,420	80.0%	(18,706)	(8.6%)	(12,636)	(2.8%)
Americas and Europe	48,646	19.6%	54,447	20.0%	(5,801)	(10.7%)	(635)	(9.5%)
	\$248,360	100.0%	\$272,867	100.0%	\$ (24,507)	(9.0%)	\$ (13,271)	(4.1%)

Active Associates by $Region^{(1)}$

(Unaudited)

	As of			
	April 1	, 2023	April 2	, 2022
Asia Pacific				
Greater China	74,000	34.1%	79,000	32.3%
Southeast Asia Pacific	61,000	28.1%	76,000	31.0%
North Asia	35,000	16.1%	36,000	14.7%
Asia Pacific Total	170,000	78.3%	191,000	78.0%
Americas and Europe	47,000	21.7%	54,000	22.0%
	217,000	100.0%	245,000	100.0%

Active Preferred Customers by Region (2)

(Unaudited)

	As of			
	April 1	, 2023	April 2	, 2022
Asia Pacific				
Greater China	168,000	61.3%	176,000	57.3%
Southeast Asia Pacific	29,000	10.6%	34,000	11.1%
North Asia	19,000	6.9%	21,000	6.8%
Asia Pacific Total	216,000	78.8%	231,000	75.2%
Americas and Europe	58,000	21.2%	76,000	24.8%
•	274,000	100.0%	307,000	100.0%

- (1) Associates are independent distributors of our products who also purchase our products for their personal use. We only count as active those Associates who have purchased from us any time during the most recent three-month period, either for personal use or resale.
- (2) Preferred Customers purchase our products strictly for their personal use and are not permitted to resell or to distribute the products. We only count as active those Preferred Customers who have purchased from us any time during the most recent three-month period. China utilizes a Preferred Customer program that has been implemented specifically for that market.

Contacts

Investor contact: Andrew Masuda Investor Relations (801) 954-7201 investor.relations@usanainc.com

Media contact: Dan Macuga Public Relations (801) 954-7280



USANA Health Sciences, Inc.

April 25, 2023

Q1 2023 Management Commentary

Key Financial & Operating Results

- First quarter net sales were \$248 million versus \$228 million for the fourth quarter of 2022 and \$273 million during the first quarter of 2022.
- First quarter diluted EPS was \$0.95 as compared with \$0.66 for the fourth quarter of 2022 and \$1.15 during the first quarter of 2022.
- Generated \$13 million of operating cash flow during the quarter.
- Fiscal 2023 net sales and diluted EPS guidance updated to \$875 to \$950 million and \$2.40 to \$3.30, respectively, from \$850 million to \$950 million and \$2.35 to \$3.30.

Overview

The first quarter was a solid start to the year for USANA. Our net sales performance was driven by several initiatives that helped stabilize active customer counts and contribute to sequential quarter net sales growth. Early in the quarter, we saw increased demand for certain products in China following the government's shift in COVID policy during the fourth quarter of 2022. We estimate that this increase in purchasing added approximately \$12 million to our net sales results for the quarter. Purchasing behavior for these products returned to more normalized levels post-Lunar New Year holiday, and we currently don't anticipate meaningful elevated demand for these products going forward.

During the last few weeks of the quarter, we saw increased purchasing ahead of price increases across several markets. We estimate that this incremental purchasing added approximately \$13 million to net sales for the quarter.

The operating environment in many of our markets around the world remains dynamic as consumer purchasing behaviors continue to be impacted by inflationary pressures and, in some cases, geopolitical conditions. Our business is not immune to these market pressures, and we implemented price increases across several key markets accordingly. We typically see increased sales activity ahead of price increases, but the sales activity in the first quarter was higher than anticipated.

For sequential quarter comparative purposes, the fourth quarter of 2022 benefitted from approximately \$10 million of net sales from increased product demand in China, while the first quarter of 2023 benefitted from approximately \$25 million in additional sales from the combined increased product demand in China and purchasing ahead of price increases.

One of our top priorities this year is to re-engage with our sales leaders by returning to in-person meetings and events. We made solid progress on this strategy with several events held during the first quarter. Notably, we also held our China National Sales meeting in Macau in mid-April this year. This was our first large-scale event in Asia Pacific since 2019. Associate attendance at this event was excellent and the feedback from the same Associates was overwhelmingly positive. The nature of face-to-face meetings, particularly after years of restraint, is critical to our business and we are encouraged by the feedback we've received following this and other events hosted during the first quarter. Looking forward, we are preparing to host our annual Asia Pacific Convention in South Korea in early May, which will also be a large scale, in-person event. This event provides another invaluable opportunity for our sales leaders and leadership team to gather and collaborate. Notably, we plan to use this event as a platform to announce our expansion into a new market, which we plan to formally launch later this year. Although this new market will officially open later in the year and have limited operations in 2023, we believe it offers a meaningful long-term opportunity for active customer and sales growth, as well as diversification of our active customer and sales base.

Operationally, manufacturing and material costs remained at elevated levels in the first quarter, albeit stabilizing when compared to the first quarter of 2022. In addition to the price increases, we continue to align our cost structure with current and expected sales performance to address these pressures. We remain committed, however, to investing in strategic initiatives that we believe will position USANA to deliver sustainable long-term growth.

Overall, we are pleased with our first quarter results and the progress we are making on several strategic fronts. We have raised the lower end of our net sales and earnings per share guidance for the full year to reflect the operating results of the first quarter as well as our general confidence in the business and modestly improved market conditions

Q1 2023 Financial Performance

Consolidated Results				
Net Sales	\$248 million	• +9% sequentially		
		• +5% sequentially in constant currency		
		• -9% vs. Q1 2022		
		• -4% constant currency vs. Q1 2022		
		• -\$13 million YOY FX impact, or -5%		
Diluted EPS	\$0.95	• +44% sequentially		
		• -17% vs. Q1 2022		
		• Diluted shares of 19.3 million, -1% YOY		
Active Customers	491,000	Flat sequentially		
		• -11% vs. Q1 2022		

Balance Sheet and Share Repurchase Activity

We ended the quarter with \$295 million in cash and cash equivalents, remained debt-free, and generated \$13 million in operating cash flow during the first quarter.

Inventories at quarter-end were \$68 million, a reduction of \$2 million (or 3%) from the fourth quarter of 2022 and \$29 million lower (or 30%) than the first quarter of 2022. Our in-house manufacturing capabilities provide us with better control of inventory levels, helping to mitigate supply chain risks and providing a meaningful advantage to deliver an excellent customer experience.

We did not repurchase shares during the quarter and as of April 1, 2023, we had approximately \$83 million remaining under the current share repurchase authorization.

Quarterly Income Statement Discussion

Gross margin decreased 70 basis points from the prior year to 80.5% of net sales. The decrease can be attributed to the negative impact of currency exchange rates, increased material costs and the loss of leverage on fixed-period costs due to lower net sales, partially offset by favorable changes in geographic sales mix and reductions in year-over-year transportation costs.

Associate Incentives decreased 110 basis points from the prior year to 42.7% of net sales. The decrease reflects lower incentive and promotional expenses due to lower net sales in the current-year quarter.

Selling, General and Administrative expenses increased 170 basis points from the prior year to 27.0% as a percentage of net sales. The relative increase is largely due to a loss of leverage on lower year-over-year net sales. On an absolute basis, SG&A expenses decreased \$1.9 million compared to the first quarter of 2022.

The effective tax rate increased to 35.5% from the 32.5% reported in the first quarter of 2022 largely due to the mix of taxable income by market.

Q1 2023 Regional Results

Asia Pacific Region				
Net Sales	\$200 million	 +9% sequentially +4% constant currency sequentially -9% vs. Q1 2022 -3% constant currency vs. Q1 2022 80% of consolidated net sales 		
Active Customers	386,000	 +1% sequentially -9% vs. Q1 2022 		

Asia Pacific Sub-Regions				
Greater China				
Net Sales	\$124 million	 +5% sequentially +1% constant currency sequentially -7% vs. Q1 2022 -1% constant currency vs. Q1 2022 		
Active Customers	242,000	 -1% sequentially -5% vs. Q1 2022 		
North Asia				
Net Sales	\$30 million	 +21% sequentially +12% constant currency sequentially -1% vs. Q1 2022 +5% constant currency vs. Q1 2022 		
Active Customers	54,000	 +2% sequentially -5% vs. Q1 2022 		
Southeast Asia Pacific				
Net Sales	\$46 million	 +14% sequentially +10% constant currency sequentially -15% vs. Q1 2022 -12% constant currency vs. Q1 2022 		
Active Customers	90,000	 +3% sequentially -18% vs. Q1 2022 		

<u>Greater China:</u> As previously mentioned, we benefitted from increased demand for certain products in the first few weeks of the quarter, which helped drive 3% sequential-quarter net sales growth in mainland China. Increased purchasing ahead of price increases announced late in the quarter was also a driver of sequential-quarter net sales growth. Meanwhile, year-over-year declines in net sales and active customers largely reflect the decrease in promotional activity compared to the first quarter of 2022.

<u>North Asia:</u> Increased purchasing ahead of price increases implemented in South Korea in the quarter was the key driver of both year-over-year and sequential net sales growth. The year-over-year decline in active customers largely reflects lower promotional activity in the quarter when compared to the first quarter of 2022.

Southeast Asia Pacific: While key markets within this sub-region continued to operate in a challenging economic environment, net sales grew sequentially driven by increased purchasing ahead of price increases announced or implemented late in the quarter. Malaysia and the Philippines posted 29% and 8% sequential-quarter net sales growth, respectively. The year-over-year decline in both net sales and active customers reflects lower promotional activity in the quarter when compared to the first quarter of 2022.

Americas and Europe Region				
Net Sales	\$49 million	• +9% sequentially		
		• +8% constant currency sequentially		
		• -11% vs. Q1 2022		
		• -9% constant currency vs. Q1 2022		
		• 20% of consolidated net sales		
Active Customers	105,000	• -1% sequentially		
		• -19% vs. Q1 2022		

Americas and Europe Region: Sequential-quarter net sales growth was largely driven by increased purchasing ahead of price increases announced or implemented in key markets within this sub-region. Local-currency net sales in Canada increased 11% sequentially and net sales in the United States grew 8%. The year-over-year decline in both active customers and net sales in this region largely reflects lower promotional activity in the quarter when compared to the first quarter of 2022.

Fiscal 2023 Outlook

We are updating our consolidated net sales and earnings per share outlook for fiscal year 2023 as follows:

Fiscal Year 2023 Outlook					
	Revised Range	Previous Range			
Consolidated Net Sales	\$875 - \$950 million	\$850 - \$950 million			
Diluted EPS	\$2.40 - \$3.30	\$2.35 - \$3.30			

Our revised outlook for the year reflects:

- An operating margin in the range of 8% to 10%
- An annual effective tax rate of approximately 36%
- An annualized diluted share count of 19.2 million
- A modest unfavorable currency exchange rate impact

Our first quarter performance is enabling us to raise the lower end of our fiscal 2023 net sales and diluted EPS guidance range. Year-over-year comparisons in the first half of the year will remain challenging given our strategy this year to offer smaller market or region-specific promotions staggered throughout the year. The current dynamic operating and geopolitical environment are key factors underpinning our wider-than-normal fiscal 2023 guidance range.

In closing, we remain encouraged by the solid start to the year and look forward to further executing on our 2023 strategies which include a return to live sales meetings and events where possible, new market expansion, new incentive opportunities for our salesforce, pursuing additional acquisition opportunities, and expanding our digital commerce capabilities.

Kevin Guest

CEO

Douglas Hekking

CFO

Safe Harbor

This Management Commentary contains forward-looking statements within the meaning of Section 27A of the Securities Act and Section 21E of the Securities Exchange Act. Our actual results could differ materially from those projected in these forward-looking statements, which involve a number of risks and uncertainties, including: uncertainty related to the COVID-19 pandemic ("COVID-19") to our business, operations and financial results; the potential for a resurgence of COVID-19 spread in any of our markets in the future; the impact of COVID-19 on the domestic and world economies, including any negative impact on discretionary spending, consumer demand, and consumer behavior in general; regulatory risk in China in connection with the health products and direct selling business models; potential negative effects of deteriorating foreign and/or trade relations between the United States and China; compliance with data privacy and security laws and regulations in our markets around the world; potential negative effects from geopolitical relations and conflicts, including the Russia-Ukraine conflict; potential negative effects of material breaches of our information technology systems to the extent we experience a material breach; material failures of our information technology systems; global economic conditions generally, including increasing inflationary pressure around the world and any negative impact on our operating costs, consumer demand and consumer behavior in general; reliance upon our network of independent Associates; risk associated with governmental regulation of our products, manufacturing and direct selling business model; adverse publicity risks globally; risks associated with our international expansion and operations; and uncertainty relating to the fluctuation in U.S. and other international currencies. The contents of this Management Commentary should be considered in conjunction with the risk factors, warnings, and cautionary statements that are contained in our most recent filings with the Secu

Non-GAAP Financial Measures

The Company prepares its financial statements using U.S. generally accepted accounting principles ("GAAP"). Constant currency net sales, earnings, EPS and other currency-related financial information (collectively, "Financial Results") are non-GAAP financial measures that remove the impact of fluctuations in foreign-currency exchange rates ("FX") and help facilitate period-to-period comparisons of the Company's Financial Results that we believe provide investors an additional perspective on trends and underlying business results. Constant currency Financial Results are calculated by translating the current period's Financial Results at the same average exchange rates in effect during the applicable prior-year period and then comparing this amount to the prior-year period's Financial Results.

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