UNITED STATES

SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of

the Securities Exchange Act of 1934

Date of Report (Date of Earliest Event Reported): February 4, 2014

USANA HEALTH SCIENCES, INC.

(Exact name of registrant as specified in its charter)

Utah (State or other jurisdiction of incorporation)

0-21116 (Commission File No.) 87-0500306 (IRS Employer Identification Number)

3838 West Parkway Boulevard Salt Lake City, Utah 84120 (Address of principal executive offices, Zip Code) Registrant's telephone number, including area code: (801) 954-7100

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:
□ Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
□ Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
□ Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
□ Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 2.02 Results of Operations and Financial Condition.

On February 4, 2014, USANA Health Sciences, Inc. issued a press release announcing its financial results for the fourth quarter and year ended December 28, 2013. The release also announced that executives of the company would discuss these results with investors on a conference call broadcast over the World Wide Web and by telephone and provided access information, date and time for the conference call. A copy of the press release is furnished herewith as Exhibit 99 to this Current Report on Form 8-K and is incorporated herein by reference. The company will also post this document on its corporate website, www.usanahealthsciences.com.

The information in this Current Report is being furnished and shall not be deemed "filed" for the purposes of Section 18 of the Securities Exchange Act of 1934, as amended, or otherwise subject to the liabilities of that Section. The information in this Current Report shall not be incorporated by reference into any registration statement or other document pursuant to the Securities Act of 1933, as amended. The furnishing of the information in this Current Report is not intended to, and does not, constitute a representation that such furnishing is required by Regulation FD or that the information this Current Report contains is material investor information that is not otherwise publicly available.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits

Exhibit 99 Press release issued by USANA Health Sciences, Inc. dated February 4, 2014 (furnished herewith).

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

USANA HEALTH SCIENCES, INC.

By: /s/ Paul A. Jones

Paul A. Jones, Chief Financial Officer

Date: February 4, 2014

USANA Health Sciences Announces Fourth Quarter and Full-Year 2013 Financial Results

- Fourth quarter net sales increased by 10.5% to \$186.3 million
- Fourth quarter earnings per share increased by 11.0% to \$1.41
- 2013 marks 11th consecutive year of record sales (\$718.2 million)
- Earnings per share increased to a record \$5.56 for the year
- Initial 2014 net sales and earnings outlook provided

SALT LAKE CITY--(BUSINESS WIRE)--February 4, 2014--USANA Health Sciences, Inc. (NYSE: USNA) today announced financial results for its fiscal fourth quarter and full-year ended December 28, 2013. The Company also provided net sales and earnings guidance for 2014.

Financial Performance

For the fourth quarter of 2013, net sales increased by 10.5% to \$186.3 million, compared with \$168.5 million in the prior-year period. The Company's Asia Pacific and North America/Europe regions both reported sales and customer growth for the quarter. This growth was driven by the successful adoption of the initiatives launched at the Company's 2013 International Convention held in August. The initiatives, which are designed to promote long-term sustainable customer growth, provide customers with opportunities for preferred pricing and additional compensation under the Company's Associate compensation plan. Unfavorable changes in currency exchange rates reduced net sales in the quarter by \$2.9 million.

Net earnings for the fourth quarter increased to \$20.3 million, a 9.9% improvement, compared with the prior-year period. This increase was driven by higher net sales, lower relative selling, general and administrative expense, and a lower effective tax rate. The 29.8% effective tax rate for the fourth quarter was 470 basis points lower than the fourth quarter of 2012 due primarily to benefits from a Utah state tax policy election change recognized in the fourth quarter of 2013. These benefits were partially offset by lower gross margins and higher Associate Incentives expense, which are also attributable to initiatives launched at the 2013 convention. Earnings per share for the quarter increased by 11% to \$1.41 compared with \$1.27 in the fourth quarter of the prior year. The growth in earnings per share was attributable to higher net earnings. Weighted average diluted shares outstanding were 14.4 million in the fourth quarter of 2013 compared with 14.5 million in the prior-year period.

"The successful execution by our entire organization of the initiatives announced back in August led to a better-than-expected fourth quarter and cap a year of significant achievements and record operating results," said Dave Wentz, USANA's Chief Executive Officer. "These results mark our 11th consecutive year of record sales. The initiatives that we introduced at our 2013 International Convention and that we plan to implement in 2014 are each aimed at our overall strategy of promoting customer loyalty, enjoyment and success with USANA. While the objective of these initiatives is to drive long-term, sustainable growth, they have been adopted by our Associates and customers even more quickly than anticipated and have resulted in an excellent fourth quarter."

Regional Results

Net sales in the Asia Pacific region increased by 13.0% to \$121.8 million, compared with \$107.8 million for the fourth quarter of the prior year. This improvement was due primarily to sales growth in the Greater China and Southeast Asia Pacific regions with China and Singapore experiencing the most meaningful growth. Although USANA generated nearly 15% sales growth in the Greater China region, top line results were impacted negatively by lower sales in Hong Kong.

Net sales in North America/Europe increased by 6.1% to \$64.5 million, compared with \$60.7 million in the prior-year period. Every market in the region achieved top line growth, with Mexico and Canada experiencing the largest increases.

"Our business grew in each of our regions during the fourth quarter," continued Wentz. "The pricing initiatives directed at some of our more mature markets have generated meaningful improvements to our business in Canada, Australia and New Zealand. Meanwhile, our Greater China region continues to produce solid customer and sales growth. We look forward to continued growth in 2014."

2013 Results

For the year ended December 28, 2013, net sales increased by 10.7% to \$718.2 million, compared with \$648.7 million in the prior year. The Company's Asia Pacific and North America/Europe regions both reported growth for the year. Net sales for the full-year were negatively impacted by \$2.8 million due to changes in currency exchange rates.

Net earnings for 2013 increased by 19.0% to \$79.0 million, or \$5.56 per share, compared with \$4.45 per share in the prior year. The increase in net earnings was due primarily to higher net sales and lower relative operating expenses. Weighted average diluted shares outstanding were 14.2 million at fiscal year-end 2013, compared with 14.9 in the prior-year period.

Cash generated from operations totaled \$99.9 million for the year ended December 28, 2013. The Company repurchased 414,000 shares in 2013 for a total investment of \$18.1 million. The Company ended the year debt—free, with a remaining share repurchase authorization of approximately \$13.6 million.

"This was an exceptional year for USANA," concluded Mr. Wentz. "We implemented significant improvements to our business that have already produced positive results and that provide a foundation for long-term sustainable growth in the future. We ended the year with strong momentum that has continued into 2014. Our initiatives for the year ahead will build on that momentum with additional personalization initiatives, continued training and education of our sales force, and continuing to reward growth in each of our regions. Our financial outlook suggests that these strategies will produce yet another record year in 2014."

Outlook

The Company provided the following financial outlook for 2014:

- Consolidated net sales between \$790 million and \$810 million
- Earnings per share between \$5.80 and \$5.95

Chief Financial Officer, Paul Jones, commented, "We expect that our growth during 2014 will accelerate as the year progresses after we experience the customary seasonal pressure during the first quarter and as we generate increased leverage from the continued execution of the initiatives we implemented during 2013. During the year, we will continue to invest in projects and initiatives that support our personalization and regional growth strategies which, while creating a challenging year-over-year comparison for our operating margin, are expected to contribute to another year of record results."

Conference Call

USANA will hold a conference call and webcast to discuss this announcement with investors on Wednesday, February 5, 2014 at 11:00 AM Eastern Time. Investors may listen to the call by accessing USANA's website at http://www.usanahealthsciences.com.

About USANA

USANA develops and manufactures high-quality nutritional, personal care, and weight-management products that are sold directly to Associates and Preferred Customers throughout the United States, Canada, Australia, New Zealand, Hong Kong, China, Japan, Taiwan, South Korea, Singapore, Mexico, Malaysia, the Philippines, the Netherlands, the United Kingdom, Thailand, France, Belgium and Colombia. More information on USANA can be found at http://www.usanahealthsciences.com.

Safe Harbor

This press release contains forward-looking statements within the meaning of Section 27A of the Securities Act and Section 21E of the Securities Exchange Act. Our actual results could differ materially from those projected in these forward-looking statements, which involve a number of risks and uncertainties, including global economic conditions generally, reliance upon our network of independent Associates, the governmental regulation of our products, manufacturing and marketing risks, adverse publicity risks, and risks associated with our international expansion. The contents of this release should be considered in conjunction with the risk factors, warnings, and cautionary statements that are contained in our most recent fillings with the Securities and Exchange Commission.

USANA Health Sciences, Inc. Consolidated Statements of Earnings

(In thousands, except per share data)
(Unaudited)

	Quarter Ended		Year Ended		
	29-Dec-12	28-Dec-13	29-Dec-12	28-Dec-13	
Net sales	\$ 168,530	\$ 186,266	\$ 648,726	\$ 718,175	
Cost of sales	30,171	33,778	115,804	127,435	
Gross profit	138,359	152,488	532,922	590,740	
Operating expenses					
Associate incentives	71,190	83,803	280,506	307,820	
Selling, general and administrative	39,087	39,681	154,237	166,208	
Earnings from operations	28,082	29,004	98,179	116,712	
Other income (expense)	70	(98)	247	(131)	
Earnings before income taxes	28,152	28,906	98,426	116,581	
Income taxes	9,705	8,624	31,993	37,557	
NET EARNINGS	\$ 18,447	\$ 20,282	\$ 66,433	\$ 79,024	
Earnings per share - diluted	\$ 1.27	\$ 1.41	\$ 4.45	\$ 5.56	
Weighted average shares outstanding - diluted	14,471	14,421	14,923	14,204	
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USANA Health Sciences, Inc. Consolidated Balance Sheets

(In thousands) (Unaudited)

ASSETS	As of 29-Dec-12		As of 28-Dec-13	
Current Assets				
Cash and cash equivalents	\$	70,839	\$	137,343
Securities held-to-maturity, net		-		8,642
Inventories		36,481		47,242
Other current assets		25,225		35,818
Total current assets		132,545		229,045
Property and equipment, net		61,751		59,180
Goodwill		17,890		18,243
Intangible assets, net		42,085		42,329
Deferred income taxes		5,956		5,519
Other assets		7,128		14,154
Total assets	\$	267,355	\$	368,470
LIABILITIES AND STOCKHOLDERS' EQUITY				
Current Liabilities				
Accounts payable	\$	7,040	\$	9,502
Other current liabilities		63,804		86,369
Total current liabilities		70,844		95,871
Other long-term liabilities		938		1,211
Deferred income taxes		10,001		10,866
Stockholders' equity		185,572		260,522
Total liabilities and stockholders' equity	\$	267,355	\$	368,470

USANA Health Sciences, Inc. Sales by Region

(Unaudited) (In thousands)

Quarter Ended

		29-Dec-12			28-Dec-13		
Region							
Americas and Europe	\$	60,747	36.0%	\$	64,467	34.6%	
Asia Pacific							
Southeast Asia Pacific		37,419	22.2%		42,348	22.7%	
Greater China		62,499	37.1%		71,671	38.5%	
North Asia		7,865	4.7%		7,780	4.2%	
Asia Pacific Total		107,783	64.0%		121,799	65.4%	
Total	\$	168,530	100.0%	\$	186,266	100.0%	

Active Associates by Region (1) (Unaudited)

As of 28-Dec-13 29-Dec-12 Region Americas and Europe 78,000 31.6% 82,000 30.9% Asia Pacific Southeast Asia Pacific 58,000 23.5% 62,000 23.4% Greater China 103,000 41.7% 111,000 41.9% North Asia 10,000 3.8% 8,000 3.2% Asia Pacific Total 169,000 68.4% 183,000 69.1% 247,000 100.0% 265,000 100.0% Total

Active Preferred Customers by Region (2) (Unaudited)

	As of				
	29-Dec-12		28-Dec-13		
Region				_	
Americas and Europe	53,000	82.8%	60,000	76.9%	
Asia Pacific					
Southeast Asia Pacific	6,000	9.4%	10,000	12.8%	
Greater China	4,000	6.2%	5,000	6.4%	
North Asia	1,000	1.6%	3,000	3.9%	

⁽¹⁾ Associates are independent distributors of our products who also purchase our products for their personal use. We only count as active those Associates who have purchased from us any time during the most recent three-month period, either for personal use or for resale.

Asia Pacific Total	11,000	17.2%	18,000	23.1%
Total	64 000	100.0%	78 000	100.0%

(2) Preferred Customers purchase our products strictly for their personal use and are not permitted to resell or to distribute the products. We only count as active those Preferred Customers who have purchased from us any time during the most recent three-month period.

CONTACT:

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