

**UNITED STATES**  
**SECURITIES AND EXCHANGE COMMISSION**  
**WASHINGTON, D.C. 20549**

---

**FORM 8-K**

---

**CURRENT REPORT**

Pursuant to Section 13 or 15(d) of  
the Securities Exchange Act of 1934

Date of Report (Date of Earliest Event Reported):  
August 28, 2008

**USANA HEALTH SCIENCES, INC.**

(Exact name of registrant as specified in its charter)

Commission File No. 0-21116

Utah  
  
(State or other jurisdiction of  
  
incorporation)

87-0500306  
  
(IRS Employer Identification  
  
Number)

3838 West Parkway Boulevard  
Salt Lake City, Utah 84120  
(Address of principal executive offices, Zip Code)

Registrant's telephone number, including area code: (801) 954-7100

Former name or former address, if changed since last report: Not Applicable

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
  - Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
  - Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
  - Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))
-

**Item 8.01 Other Events**

On August 28<sup>th</sup>, 2008, the Company issued a press release announcing that it plans to begin operations in the Philippines by early 2009. A copy of the press release is furnished herewith as Exhibit 99 to this Current Report on Form 8-K and is incorporated herein by reference. The Company will also post this document on its corporate website, [www.usanahealthsciences.com](http://www.usanahealthsciences.com), under the “investors” link.

**Item 9.01 Financial Statements and Exhibits**

(d) Exhibits

Exhibit 99 Press release issued by USANA Health Sciences, Inc. dated August 28, 2008 (furnished herewith).

---

**SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

**USANA HEALTH SCIENCES, INC.**

**By:**/s/ Gilbert A. Fuller  
Gilbert A. Fuller, Chief Financial Officer

Date: August 28, 2008

## **USANA Health Sciences Announces Plans to Open in the Philippines**

### ***Kicks off Its Annual International Convention in Salt Lake City, Utah***

SALT LAKE CITY--(BUSINESS WIRE)--USANA Health Sciences, Inc. (NASDAQ: USNA) today announced it plans to begin operations in the Philippines by early 2009. It will be the company's 14<sup>th</sup> global market. Approximately 8,000 Associates and guests were in attendance at USANA's international convention in Salt Lake City to hear this announcement.

According to the Direct Selling Association of the Philippines, annual direct selling revenues total about \$500 million. As one of the 25 largest markets globally for direct sales, this country offers a significant direct selling opportunity.

"Entering the Philippines broadens USANA's international reach and we are excited to offer many of our Associate leaders an opportunity to expand their organizations into a market where they already have strong ties," said Dave Wentz, USANA chief executive officer. "We believe this market will be another strong part of our growing international portfolio."

#### **About USANA**

USANA Health Sciences develops and manufactures high-quality nutritionals, personal care, and weight management products that are sold directly to Preferred Customers and Associates throughout the United States, Canada, Australia, New Zealand, Hong Kong, Japan, Taiwan, South Korea, Singapore, Malaysia, Mexico, the Netherlands and the United Kingdom.

---

**Safe Harbor**

This press release contains forward-looking statements within the meaning of Section 27A of the Securities Act and Section 21E of the Securities Exchange Act. Our actual results could differ materially from those projected in these forward-looking statements, which involve a number of risks and uncertainties, including reliance upon our network of independent Associates, the governmental regulation of our products, manufacturing and marketing risks, and risks associated with our international expansion. The contents of this release should be considered in conjunction with the risk factors, warnings, and cautionary statements that are contained in our most recent filings with the Securities and Exchange Commission.

**CONTACT:**

USANA Health Sciences, Inc.

Investors contact:

Riley Timmer, 801-954-7922

Investor Relations

[investor.relations@us.usana.com](mailto:investor.relations@us.usana.com)

Media contact:

Dan Macuga, 801-954-7280

Public Relations

[Dan.Macuga@us.usana.com](mailto:Dan.Macuga@us.usana.com)