

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
WASHINGTON, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of
the Securities Exchange Act of 1934

Date of Report (Date of Earliest Event Reported):

June 17, 2008

USANA HEALTH SCIENCES, INC.

(Exact name of registrant as specified in its charter)

Commission File No. 0-21116

Utah

87-0500306

(State or other jurisdiction of
incorporation)

(IRS Employer Identification
Number)

3838 West Parkway Boulevard
Salt Lake City, Utah 84120
(Address of principal executive offices, Zip Code)

Registrant's telephone number, including area code: (801) 954-7100

Former name or former address, if changed since last report: Not Applicable

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
 - Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
 - Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
 - Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))
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Item 5.02 Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.

- (b) On June 17, 2008, Mr. Bradford Richardson, the Company's Executive Vice President of Asia Pacific, notified the Company of his resignation, effective June 30, 2008, to pursue another career opportunity.

Item 8.01 Other Events.

On June 18, 2008, the Company issued a press release that included the announcement of Bradford Richardson's resignation as Executive Vice President of Asia Pacific to pursue another career opportunity. A copy of the press release is furnished herewith as Exhibit 99 to this Current Report on Form 8-K and is incorporated herein by reference. The Company will also post this document on its corporate website, www.usanahealthsciences.com, under the "investors" link.

Item 9.01 Financial Statements and Exhibits.

- (d) Exhibits

Exhibit 99 Press release issued by USANA Health Sciences, Inc. dated June 18, 2008 (furnished herewith).

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

USANA HEALTH SCIENCES, INC.

By:/s/ Gilbert A. Fuller
Gilbert A. Fuller, Chief Financial Officer

Date: June 18, 2008

USANA Announces Management Changes

SALT LAKE CITY--(BUSINESS WIRE)--USANA Health Sciences, Inc. (NASDAQ: USNA) today announced that Jeffrey Yates, CPA, has been appointed the new Vice President of Finance. Mr. Yates brings to USANA over 20 years of experience in accounting and finance, including serving as Chief Financial Officer of Deseret Book Company, as Vice President and Chief Financial Officer of Franklin Covey Stores and as Senior Accountant at PricewaterhouseCoopers LLP.

Executive Vice President Gil Fuller commented on Mr. Yates' experience, saying, "I look forward to working closely with Jeff. He brings to USANA outstanding experience in the areas of accounting and finance that will help USANA continue its growth in the future, while maintaining its high standard of financial management."

USANA also announced the resignation of Bradford Richardson, Executive Vice President of Asia Pacific, effective June 30, 2008. Mr. Richardson will be leaving the company to pursue another career opportunity.

Dave Wentz, USANA's president, said, "We thank Bradford for his many contributions to USANA and wish him well with his new career opportunity. His leadership and direction over the past 10 years has solidified the Asia Pacific region as a strong and vibrant business."

USANA is assigning additional responsibility for Asia Pacific to Bill Duncan, Vice President of Australasia, and Deborah Woo, Vice President of Greater China / North Asia. Both Deborah and Bill will report to Dave Wentz.

According to Mr. Wentz, "With our strong regional vice presidents, USANA is positioned to further its growth as a global company. Bill and Deborah have both been involved in the direct selling industry for over 20 years, and with USANA collectively for over 15 years. I have extreme confidence in their abilities as they both have the skill set and experience necessary to expand growth in this region."

About USANA

USANA develops and manufactures high quality nutritionals, personal care, and weight management products that are sold directly to Preferred Customers and Associates throughout the United States, Canada, Australia, New Zealand, Hong Kong, Japan, Taiwan, South Korea, Singapore, Mexico, Malaysia, the Netherlands, and the United Kingdom. More information on USANA can be found at <http://www.usanahealthsciences.com>.

Safe Harbor

This press release contains forward-looking statements within the meaning of Section 27A of the Securities Act and Section 21E of the Securities Exchange Act. Forward-looking statements in this press release include the statement regarding further growth of the company in its global markets. Actual results could differ materially from those projected in these forward-looking statements, which involve a number of risks and uncertainties, including reliance upon our network of independent Associates, the governmental regulation of our products, manufacturing and marketing risks, and risks associated with our international expansion. The contents of this release should be considered in conjunction with the risk factors, warnings, and cautionary statements that are contained in our most recent filings with the Securities and Exchange Commission.

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