

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
WASHINGTON, D.C. 20549

FORM 8-K

CURRENT REPORT
Pursuant to Section 13 or 15 (D)
of the Securities Exchange Act of 1934

Date of Report: (Date of earliest event reported):
January 11, 2008

USANA HEALTH SCIENCES, INC.
(Exact name of registrant as specified in its charter)

Utah
(State or other jurisdiction
of incorporation)

(Commission File Number) 0-21116

87-0500306
(IRS Employer
Identification No.)

3838 West Parkway Boulevard
Salt Lake City, Utah 84120
(Address of Principal Executive Offices) (Zip Code)

Registrant's telephone number, including area code: (801) 954-7100

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
 - Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
 - Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
 - Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))
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Item 8.01 Other Events.

On January 11, 2008, USANA Health Sciences, Inc. issued a press release announcing that it has received a letter from the Securities & Exchange Commission stating that it has completed the informal inquiry regarding the company and is not recommending any enforcement action be taken. A copy of the press release is furnished herewith as Exhibit 99 to this Current Report on Form 8-K and is incorporated herein by this reference. The Company will also post this document on its corporate website, www.usanahealthsciences.com, under the "investors" link.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits

Exhibit 99 Press release issued by USANA Health Sciences, Inc. dated January 11, 2008 (furnished herewith).

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

USANA HEALTH SCIENCES, INC.

By: /s/ Gilbert A. Fuller

Gilbert A. Fuller, Chief Financial Officer

Date: January 11, 2008

SEC Closes Informal Inquiry of USANA

SALT LAKE CITY--(BUSINESS WIRE)--USANA Health Sciences Inc. (NASDAQ:USNA) announced today it has received a letter from the Salt Lake Regional Office of the Securities & Exchange Commission stating it has completed the informal inquiry regarding the company and is not recommending any enforcement action be taken.

USANA voluntarily disclosed the SEC's informal inquiry in March 2007, which the company believes was related to assertions appearing in the mass media. The company cooperated fully with the SEC during its inquiry.

"USANA greatly appreciates the diligence of the SEC in completing its informal inquiry, and we are pleased to put this matter behind us," said David A. Wentz, president of USANA Health Sciences Inc. "We have always been confident about the integrity of our company and take pride in our direct selling business model. All of us at USANA look forward to continuing to provide our tens of thousands of Associates and Preferred Customers worldwide with the finest nutritional products and an excellent home-based business opportunity."

About USANA

USANA develops and manufactures high quality nutritional and personal care products that are sold directly to Associates and Preferred Customers throughout the United States, Canada, Australia, New Zealand, Hong Kong, Japan, Taiwan, South Korea, Singapore, Mexico, Malaysia, the Netherlands, and the United Kingdom. More information on USANA can be found at <http://www.usanahealthsciences.com>.

CONTACT:

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