UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

FORM 8-K

CURRENT REPORT
Pursuant to Section 13 or 15(d) of
the Securities Exchange Act of 1934

Date of Report (Date of Earliest Event Reported): January 10, 2007

USANA HEALTH SCIENCES, INC. (Exact name of registrant as specified in its charter)

Commission File No. 0-21116

Utah 87-0500306
(State or other jurisdiction of incorporation) Number)

3838 West Parkway Boulevard Salt Lake City, Utah 84120 (Address of principal executive offices, Zip Code)

Registrant's telephone number, including area code: (801) 954-7100

Former name or former address, if changed since last report: Not Applicable

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- [] Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- [] Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- [] Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- [] Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 2.02 Results of Operations and Financial Condition.

On January 10, 2007, USANA Health Sciences, Inc. issued a press release announcing its preliminary financial results for the fourth quarter ended December 30, 2006. The release also announced that the Company plans to release its final fourth quarter and full year 2006 results on February 6, 2007. A copy of the press release is furnished herewith as Exhibit 99 to this Current Report on Form 8-K and is incorporated herein by reference. The company will also post this document on its corporate website, www.usanahealthsciences.com.

The information in this Item 2.02 is being furnished and shall not be deemed "filed" for the purposes of Section 18 of the Securities Exchange Act of 1934, as amended, or otherwise subject to the liabilities of that Section. The information in this Current Report shall not be incorporated by reference into any registration statement or other document pursuant to the Securities Act of 1933, as amended. The furnishing of the information in this Current Report is not intended to, and does not, constitute a representation that such furnishing

is required by Regulation FD or that the information this Current Report contains is material investor information that is not otherwise publicly available.

Item 8.01 Other Events

The Company also announced in the January 10, 2007 press release that it has commenced operations in Malaysia and began accepting applications and processing orders there on January 8, 2007.

Additionally, the Company announced that it will make an immaterial reclassification to its consolidated financial statements beginning with the fourth quarter 2006. This reclassification will not affect reported operating earnings, net earnings, or earnings per share. However, this reclassification will reduce net sales by approximately 1.5%, offset by a corresponding reduction in Associate incentive expense. The Company provided historical financial tables that include both pre and post-reclassification data for the quarterly periods for fiscal years 2004, 2005, and for the nine months ended September 30, 2006.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits

Exhibit 99 Press release issued by USANA Health Sciences, Inc. dated January 10, 2007 (furnished herewith).

2

3

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

USANA HEALTH SCIENCES, INC.

By: /s/ Gilbert A. Fuller
Gilbert A. Fuller,
Chief Financial Officer

Date: January 10, 2007

USANA Provides Preliminary Fourth Quarter 2006 Results
Record Fourth Quarter Net Sales and EPS to Exceed Guidance
Company Begins Operations in Malaysia
Minor Reclassification Made to Historical Revenue and Expense Items

SALT LAKE CITY--(BUSINESS WIRE)--Jan. 10, 2007--USANA Health Sciences, Inc. (NASDAQ:USNA) today provided preliminary financial results for its fourth quarter ended December 30, 2006. The company currently expects net sales for this period to be approximately \$101 million, before the reclassification as described below. This exceeds management's prior guidance of \$98 million to \$100 million. Net sales after the reclassification are expected to be approximately \$99.5 million, which represents the 18th consecutive quarter of record net sales. Earnings per share for the fourth quarter are expected to exceed management's previously announced guidance of \$0.56 to \$0.58. The company now anticipates that earnings per share will be in the range of \$0.58 to \$0.60 and are not affected by the reclassification as described below.

The company also announced today that it has commenced operations in Malaysia, USANA's 13th global market. The company began accepting new Associate applications and processing orders for this market on Monday, January 8, 2007.

"We are pleased that we have finished out 2006 with such strong results, which reflect the hard work and dedication of our Associates as well as the market's continued enthusiasm for our science-based products," said Dave Wentz, president of USANA. "Malaysia, one of the top 15 direct selling markets globally, should provide us with additional growth opportunities."

Revenue Reclassification

The company also announced today that it will make an immaterial reclassification to its consolidated financial statements beginning with the fourth quarter of 2006. This reclassification will not affect reported operating earnings, net earnings, or earnings per share. However, this reclassification will reduce net sales by approximately 1.5%, offset by a corresponding reduction in Associate incentive expense. This reclassification will be reflected in the fourth quarter earnings press release that will be issued in early February 2007.

Previously the company reported a component of its Associate compensation plan as an Associate incentive expense. Now, however, the company will reclassify that component as a sales discount. To facilitate comparison of the company's prior quarters, as well as comparison of that data with the company's past projections, the company has included in this press release historical financial tables that include both pre- and post-reclassification data. Quarterly data has been provided for fiscal years 2004, 2005, and for the nine-month period ended September 30, 2006.

Updated 2006 Guidance

Giving effect to the reclassification mentioned above, management now anticipates net sales for the full year 2006 to be approximately \$374 million. Because the reclassification will not affect earnings per share, management expects earnings per share for the full year 2006 to be in the range of \$2.18 to \$2.20, which is above the guidance range that was provided on October 17, 2006.

USANA plans to issue a press release for its final fourth quarter and full year 2006 results on February 6, 2007, which will incorporate the above noted reclassification. Executives will hold a conference call with investors on February 7, 2007 to discuss these results.

About USANA

USANA develops and manufactures high quality nutritionals, personal care, and weight management products that are sold directly to Preferred Customers and Associates throughout the United States, Canada, Australia, New Zealand, Hong Kong, Japan, Taiwan, South Korea, Singapore, Mexico, Malaysia, the Netherlands, and the United Kingdom. More information on USANA can be found at http://www.usanahealthsciences.com.

This press release contains forward-looking statements within the meaning of Section 27A of the Securities Act and Section 21E of the Securities Exchange Act. Actual results could differ materially from those projected in these forward-looking statements, which involve a number of risks and uncertainties, including reliance upon our network of independent Associates, the governmental regulation of our products, manufacturing and marketing risks, and risks associated with our international expansion. The contents of this release should be considered in conjunction with the risk factors, warnings, and cautionary statements that are contained in our most recent filings with the Securities and Exchange Commission.

USANA Health Sciences, Inc. Consolidated Statements of Earnings (In thousands, except per share data) (unaudited)

As Reclassified

 Net sales
 \$61,030
 \$66,431
 \$67,792
 \$74,098
 \$75,527

 Cost of sales
 15,058
 16,195
 16,732
 18,837
 18,010

Gross profit 45,972 50,236 51,060 55,261 57,517

Operating expenses

Associate incentives 22,867 24,741 25,329 28,023 28,499

Selling, general and

admini-

strative 13,262 13,656 13,141 14,633 14,849

Research and

development 578 607 450 396 599

Earnings from

operations 9,265 11,232 12,140 12,209 13,570

Other income 149 (1) (513) 598 165

Earnings before

income taxes 9,414 11,231 11,627 12,807 13,735

Income taxes 3,201 3,818 3,631 3,652 4,807

NET EARNINGS \$ 6,213 \$ 7,413 \$ 7,996 \$ 9,155 \$ 8,928

Earnings per share -

diluted \$ 0.30 \$ 0.36 \$ 0.39 \$ 0.46 \$ 0.45

Weighted average shares outstanding -

diluted 20,853 20,523 20,296 19,990 19,971

As Reported

Net sales \$61,775 \$67,246 \$68,673 \$75,130 \$76,578 Cost of sales 15,058 16,195 16,732 18,837 18,010

Gross profit 46,717 51,051 51,941 56,293 58,568

Operating expenses

Associate incentives 23,612 25,556 26,210 29,055 29,550

Selling, general and

admini-

strative 13,262 13,656 13,141 14,633 14,849

Research and development 578 607 450 396 599
Earnings from operations 9,265 11,232 12,140 12,209 13,570
Other income 149 (1) (513) 598 165
Earnings before income taxes 9,414 11,231 11,627 12,807 13,735
Income taxes 3,201 3,818 3,631 3,652 4,807
NET EARNINGS \$ 6,213 \$ 7,413 \$ 7,996 \$ 9,155 \$ 8,928
Earnings per share - diluted \$ 0.30 \$ 0.36 \$ 0.39 \$ 0.46 \$ 0.45
Weighted average shares outstanding - diluted 20,853 20,523 20,296 19,990 19,971 ====================================
Quarter Ended
2-Jul-05 1-Oct-05 31-Dec- 1-Apr-06 1-Jul-06 30-Sep- 05 06
As Reclassified
Net sales \$80,878 \$81,038 \$85,646 \$88,229 \$92,482 \$93,698 Cost of sales 19,499 19,760 20,747 21,338 22,276 22,188
Gross profit 61,379 61,278 64,899 66,891 70,206 71,510
Operating expenses Associate incentives 30,774 31,358 33,414 34,006 36,025 36,994 Selling, general and admini-
strative 15,168 14,756 15,553 17,626 17,991 17,898 Research and
development 689 551 500 732 830 881
Earnings from operations 14,748 14,613 15,432 14,527 15,360 15,737
Other income (67) 172 217 295 336 68
Earnings before income taxes 14,681 14,785 15,649 14,822 15,696 15,805
Income taxes 5,138 4,743 5,168 5,262 5,352 5,582
NET EARNINGS \$ 9,543 \$10,042 \$10,481 \$ 9,560 \$10,344 \$10,223
Earnings per share - diluted \$ 0.48 \$ 0.51 \$ 0.54 \$ 0.50 \$ 0.55 \$ 0.55

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Weighted
average
shares
outstanding -
diluted 19,821 19,755 19,336 19,228 18,777 18,486
As Reported
Net sales $82,015 $82,225 $86,924 $89,651 $93,911 $95,187
Cost of sales 19,499 19,760 20,747 21,338 22,276 22,188
          62,516 62,465 66,177 68,313 71,635 72,999
  profit
Operating
expenses
 Associate
 incentives 31,911 32,545 34,692 35,428 37,454 38,483
 Selling,
 general and
 admini-
 strative
          15,168 14,756 15,553 17,626 17,991 17,898
 Research and
 development 689 551 500 732 830 881
 Earnings
  from
  operations 14,748 14,613 15,432 14,527 15,360 15,737
Other income (67) 172 217 295 336
 Earnings
  before
  income
          14,681 14,785 15,649 14,822 15,696 15,805
  taxes
Income taxes 5,138 4,743 5,168 5,262 5,352 5,582
NET EARNINGS $ 9,543 $10,042 $10,481 $ 9,560 $10,344 $10,223
Earnings per
share -
diluted $ 0.48 $ 0.51 $ 0.54 $ 0.50 $ 0.55 $ 0.55
Weighted
average
shares
outstanding -
diluted 19,821 19,755 19,336 19,228 18,777 18,486
          USANA Health Sciences, Inc.
          Sales by Segment and Region
              (in thousands)
              (unaudited)
                  Quarter Ended
        3-Apr-04 3-Jul-04 2-Oct-04 1-Jan-05 2-Apr-05 2-Jul-05
As Reclassified
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Region

North America

United States \$26,771 \$27,485 \$28,430 \$29,465 \$30,806 \$32,637 Canada 12,269 12,206 12,392 14,933 14,638 15,053

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747 2,209 2,255 3,047 3,174 3,889
Mexico
 North America
 Total 39,787 41,900 43,077 47,445 48,618 51,579
Pacific Rim
Australia-New
 Zealand 8,164 8,350 8,933 9,740 10,491 11,084
Hong Kong 2,407 2,670 2,765 2,977 2,938 3,263

      Japan
      2,196
      2,155
      2,330
      2,439
      2,465
      2,577

      Taiwan
      3,698
      3,865
      3,866
      4,432
      5,019
      5,337

South Korea 1,261 1,793 1,354 1,268 1,015 1,292
Singapore 1,983 2,578 2,638 2,969 3,052 3,543
Pacific Rim
        19,709 21,411 21,886 23,825 24,980 27,096
 Total
Segment Total 59,496 63,311 64,963 71,270 73,598 78,675
Contract
Manufacturing 1,534 3,120 2,829 2,828 1,929 2,203
Consolidated $61,030 $66,431 $67,792 $74,098 $75,527 $80,878
As Reported
Region
North America
United States $27,101 $27,821 $28,827 $29,830 $31,203 $33,067
Canada 12,437 12,378 12,553 15,184 14,862 15,287
         748 2,216 2,268 3,064 3,193 3,910
Mexico
North America
 Total
          40,286 42,415 43,648 48,078 49,258 52,264
Pacific Rim
Australia-New
 Zealand 8,276 8,471 9,056 9,881 10,644 11,241
Hong Kong 2,457 2,750 2,837 3,073 3,040 3,377
 Japan 2,216 2,176 2,356 2,470 2,498 2,620
 Taiwan 3,729 3,898 3,903 4,479 5,064 5,381
South Korea 1,270 1,804 1,366 1,302 1,045 1,323
Singapore 2,007 2,612 2,678 3,019 3,100 3,606
Pacific Rim
 Total
       19,955 21,711 22,196 24,224 25,391 27,548
Segment Total 60,241 64,126 65,844 72,302 74,649 79,812
        ______
Manufacturing 1,534 3,120 2,829 2,828 1,929 2,203
        -----
Consolidated $61,775 $67,246 $68,673 $75,130 $76,578 $82,015
                  Quarter Ended
             1-Oct-05 31-Dec- 1-Apr-06 1-Jul-06 30-Sep-
              05 06
As Reclassified
Region
North America
United States $34,636 $36,148 $38,408 $37,200 $02.
Canada 15,014 16,547 16,701 17,721 16,574
Mexico 3,424 3,479 4,053 4,323 4,503
                 $34,636 $36,148 $38,468 $39,250 $39,425
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Pacific Rim

Australia-New Zealand 11,180 11,956 11,100 12,104 12,297

Hong Kong 2,889 3,127 3,064 3,376 4,533 2,526 2,605 2,399 2,379 2,357 Japan Taiwan 4,852 4,860 4,939 4,978 5,509 1,218 1,225 1,180 1,704 2,117 South Korea 3,624 3,370 3,427 3,813 4,603 Singapore

Pacific Rim Total 26,289 27,143 26,109 28,354 31,416

Segment Total 79,363 83,317 85,331 89,648 91,918

Contract Manufacturing 1,675 2,329 2,898 2,834 1,780

Consolidated \$81,038 \$85,646 \$88,229 \$92,482 \$93,698

As Reported Region

North America

\$35,181 \$36,672 \$39,057 \$39,818 \$40,015 United States 15,231 16,813 16,979 18,010 16,814 Canada 3,449 3,508 4,098 4,373 4,555 Mexico

North America Total 53,861 56,993 60,134 62,201 61,384

Pacific Rim

Australia-New Zealand 11,341 12,141 11,274 12,291 12,488

Hong Kong 2,971 3,234 3,176 3,480 4,643 Japan 2,562 2,643 2,432 2,417 2,390 Taiwan 4,885 4,895 4,981 5,034 5,587 South Korea 1,250 1,264 1,216 1,762 2,201 3,680 3,425 3,540 3,892 4,714 Singapore

Pacific Rim Total 26,689 27,602 26,619 28,876 32,023

Segment Total 80,550 84,595 86,753 91,077 93,407

Contract Manufacturing 1,675 2,329 2,898 2,834 1,780

Consolidated \$82,225 \$86,924 \$89,651 \$93,911 \$95,187

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