UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

	FORM 10-Q	
(Mark One) ☑ QUARTERLY REPORT PURSUANT ACT OF 1934	Г TO SECTION 13 OR 15	5(d) OF THE SECURITIES EXCHANGE
For the	he quarterly period ended Ap	ril 2, 2011
	OR	
☐ TRANSITION REPORT PURSUANT ACT OF 1934	Γ TO SECTION 13 OR 15	5(d) OF THE SECURITIES EXCHANGE
For t	he transition period from	to
	Commission file number: 0-2	1116
	HEALTH SCIEN	,
Utah (State or other jurisdiction of incorporation or organization)		87-0500306 (I.R.S. Employer Identification No.)
	t Parkway Blvd., Salt Lake Ciss of principal executive offices	
(Registra	(801) 954-7100 ant's telephone number, includin	ng area code)
	nths (or for such shorter period t	to be filed by Section 13 or 15(d) of the Securities that the registrant was required to file such reports), and
Indicate by check mark whether the registrant Interactive Data File required to be submitted and preceding 12 months (or for such shorter period that	posted pursuant to Rule 405 of R	Regulation S-T (§232.405 of this chapter) during the
		celerated filer, a non-accelerated filer, or a smaller er" and "smaller reporting company" in Rule 12b-2 of
Large accelerated filer ☐ Non-accelerated filer ☐		Accelerated filer ⊠ Smaller reporting company □
Indicate by check mark whether the registrant is	is a shell company (as defined in	n Rule 12b-2 of the Exchange Act). Yes □ No ⊠
The number of shares outstanding of the registr	rant's common stock as of May	4. 2011 was 15.748.772

USANA HEALTH SCIENCES, INC.

FORM 10-Q

For the Quarterly Period Ended April 2, 2011

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PART I. FINANCIAL INFORMATION

Item 1. Financial Statements

USANA HEALTH SCIENCES, INC. AND SUBSIDIARIES

CONSOLIDATED BALANCE SHEETS

(in thousands)

		As of January 1, 2011 (1)		As of April 2, 2011 unaudited)
ASSETS				
Current assets				
Cash and cash equivalents	\$	24,222	\$	32,718
Inventories		34,078		33,790
Prepaid expenses and other current assets		20,261		14,843
Deferred income taxes		1,711		2,358
Total current assets	<u>'</u>	80,272		83,709
Property and equipment, net		57,568		56,800
		,		,
Goodwill		16,930		16,930
Intangible assets, net		40,616		40,360
Other assets		8,416		9,060
	\$	203,802	\$	206,859
				,
LIABILITIES AND STOCKHOLDERS' EQUITY				
Current liabilities				
Accounts payable	\$	6,445	\$	7,930
Other current liabilities		51,179		46,376
Total current liabilities		57,624		54,306

Other long-term liabilities	1,012	972
Stockholders' equity		
Common stock, \$0.001 par value; Authorized — 50,000 shares, issued and outstanding 15,985		
as of January 1, 2011 and 15,742 as of April 2, 2011	16	16
Additional paid-in capital	51,222	51,462
Retained earnings	90,207	96,065
Accumulated other comprehensive income	3,721	4,038
Total stockholders' equity	145,166	151,581
	\$ 203,802	\$ 206,859

⁽¹⁾ Derived from audited financial statements.

The accompanying notes are an integral part of these statements.

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USANA HEALTH SCIENCES, INC. AND SUBSIDIARIES

CONSOLIDATED STATEMENTS OF EARNINGS

(in thousands, except per share data)

(unaudited)

	Qua	Quarter Ended			
	April 3, 2010		April 2, 2011		
Net sales	\$ 119,08	87 \$	143,566		
Cost of sales	23,02	0.	25,662		
Gross profit	96,06	,7	117,904		
Operating expenses:					
Associate incentives	54,11		64,807		
Selling, general and administrative	27,45	8	35,870		
Total operating expenses	81,57	<u>'6</u>	100,677		
Earnings from operations	14,49	1	17,227		
Other income (expense):					
Interest income	1	8	50		
Interest expense		21)	(6)		
Other, net	32	-2	57		
Other income, net	33	9	101		
Earnings before income taxes	14,83	0	17,328		
Income taxes	5,18	(9	5,978		
Net earnings	\$ 9,64	\$1	11,350		
Earnings per common share					
Basic	\$ 0.6	53 \$	0.71		
Diluted	\$ 0.6	52 \$	0.70		
Weighted average common shares outstanding					
Basic	15,31	1	15,911		
Diluted	15,51		16,217		

The accompanying notes are an integral part of these statements.

USANA HEALTH SCIENCES, INC. AND SUBSIDIARIES

CONSOLIDATED STATEMENTS OF STOCKHOLDERS' EQUITY AND COMPREHENSIVE INCOME

Quarters Ended April 3, 2010 and April 2, 2011

(in thousands)

(unaudited)

	Common Stock		on Stock		Additional Paid-in		Accumulated Other Retained Comprehensive			
	Shares Value		Value		Capital	Earnings		I	ncome (Loss)	Total
For the Quarter Ended April 3, 2010										
Balance at January 2, 2010	15,309	\$	15	\$	16,425	\$	56,410	\$	1,523	\$ 74,373
Comprehensive income										
Net earnings			_				9,641		_	9,641
Foreign currency translation adjustment, net of tax expense of \$198	_		_		_		_		299	299
Comprehensive income										9,940
Equity-based compensation expense	_		_		1,956		_		_	1,956
Common stock issued under equity award										
plans, including tax benefit of \$38	8		_		97	_	<u> </u>	_	<u> </u>	97
Balance at April 3, 2010	15,317	\$	15	\$	18,478	\$	66,051	\$	1,822	\$ 86,366
For the Quarter Ended April 2, 2011										
Balance at January 1, 2011	15,985	\$	16	\$	51,222	\$	90,207	\$	3,721	\$ 145,166
Comprehensive income										
Net earnings	_		_		_		11,350			11,350
Foreign currency translation adjustment, net of tax expense of \$208	_		_		_		_		317	317
Comprehensive income										11,667
Equity-based compensation expense					3,235				_	3,235
Common stock repurchased and retired	(251)		_		(3,030)		(5,492)		_	(8,522)
Common stock issued under equity award plans, including tax benefit of \$35	8		<u> </u>	_	35		<u> </u>			 35
Balance at April 2, 2011	15,742	\$	16	\$	51,462	\$	96,065	\$	4,038	\$ 151,581

The accompanying notes are an integral part of these statements.

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USANA HEALTH SCIENCES, INC. AND SUBSIDIARIES

CONSOLIDATED STATEMENTS OF CASH FLOWS

(in thousands)

(unaudited)

	Quarter Ended			d
		pril 3, 2010		April 2, 2011
Cash flows from operating activities				
Net earnings	\$	9,641	\$	11,350
Adjustments to reconcile net earnings to net cash provided by operating activities				
Depreciation and amortization		1,804		2,136
Loss on sale of property and equipment		8		_

Equity-based compensation expense payment arrangements	1,956	3,235)
Deferred income taxes	(980)	(1,743)
Inventory valuation	348	267
Changes in operating assets and liabilities:	2.0	20,
Inventories	(1,481)	373
Prepaid expenses and other assets	927	5,721
Accounts payable	(430)	1,440
Other liabilities	3,324	(5,199)
		(5,222)
Total adjustments	5,421	6,195
Total adjustificities	3,121	0,175
Net cash provided by operating activities	15,062	17,545
Cash flows from investing activities		
Proceeds from sale of property and equipment	1	_
Purchases of property and equipment	(501)	(676)
- mornes F F , mm		(0,0)
Net cash used in investing activities	(500)	(676)
Cash flows from financing activities		
Proceeds from equity awards exercised	59	_
Excess tax benefit from equity-based payment arrangements	55	35
Repurchase of common stock	_	(8,522)
Payments on line of credit	(7,000)	_
Net cash used in financing activities	(6,886)	(8,487)
Effect of exchange rate changes on cash and cash equivalents	189	114
Net increase in cash and cash equivalents	7,865	8,496
Cash and cash equivalents, beginning of period	13,658	24,222
Cush and Cash equivalents, eeginning of period	15,050	21,222
Cash and cash equivalents, end of period	\$ 21,523	\$ 32,718
Cush and table tipe in the control of period	Ψ 21,626	ψ 52,710
Supplemental disclosures of cash flow information		
Cash paid during the period for:		_
Interest	\$ 26	\$ 7
Income taxes	649	344

The accompanying notes are an integral part of these statements.

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USANA HEALTH SCIENCES, INC. AND SUBSIDIARIES NOTES TO CONSOLIDATED FINANCIAL STATEMENTS (in thousands, except per share data) (unaudited)

Basis of Presentation

The condensed balance sheet as of January 1, 2011, derived from audited financial statements, and the unaudited interim consolidated financial information of USANA Health Sciences, Inc. and its subsidiaries (collectively, the "Company" or "USANA") have been prepared in accordance with Article 10 of Regulation S-X promulgated by the Securities and Exchange Commission. Certain information and footnote disclosures that are normally included in financial statements that have been prepared in accordance with accounting principles generally accepted in the United States of America have been condensed or omitted pursuant to such rules and regulations. In the opinion of management, the accompanying interim consolidated financial information contains all adjustments, consisting of normal recurring adjustments that are necessary to present fairly the Company's financial position as of April 2, 2011 and results of operations for the quarters ended April 3, 2010 and April 2, 2011. These financial statements should be read in conjunction with the audited consolidated financial statements and notes thereto that are included in the Company's Annual Report on Form 10-K for the year ended January 1, 2011. The results of operations for the quarter ended April 2, 2011, may not be indicative of the results that may be expected for the fiscal year 2011 ending December 31, 2011.

Recently Adopted Accounting Pronouncements

In December 2010, the FASB issued Accounting Standards Update No. 2010-28, Intangibles — Goodwill and Other (Topic 350): When to Perform Step 2 of the Goodwill Impairment Test for Reporting Units with Zero or Negative Carrying Amounts (ASU 2010-28).

ASU 2010-28 modifies Step 1 of the goodwill impairment test for reporting units with zero or negative carrying amounts. For those reporting units, an entity is required to perform Step 2 of the goodwill impairment test if it is more likely than not that a goodwill impairment exists. In determining whether it is more likely than not that a goodwill impairment exists, an entity should consider whether there are any adverse qualitative factors indicating that an impairment may exist. ASU 2010-28 is effective for fiscal years, and interim periods within those years, beginning after December 15, 2010. The Company adopted ASU 2010-28 during the first quarter ended April 2, 2011, and its application had no impact on the Company's consolidated financial statements.

In December 2010, the FASB issued Accounting Standards Update No. 2010-29, Business Combinations (Topic 805): Disclosure of Supplementary Pro Forma Information for Business Combinations (ASU 2010-29). ASU 2010-29 has been issued to address diversity in practice about the interpretation of the pro forma revenue and earnings disclosure requirements for business combinations. The amendments in this update specify that, if a public entity presents comparative financial statements, the entity should disclose revenue and earnings of the combined entity as though the business combinations(s) that occurred during the current year had occurred as of the beginning of the comparable prior annual reporting period only. The amendments also expand the supplemental pro forma disclosures under Topic 805 to include a description of the nature and amount of material, nonrecurring, pro forma adjustments directly attributable to the business combination included in the reported pro forma revenue and earnings. ASU 2010-29 is effective prospectively for business combinations for which the acquisition date is on or after the beginning of the first annual reporting period beginning on or after December 15, 2010. The Company adopted ASU 2010-29 during the first quarter ended April 2, 2011, and its application had no impact on the Company's consolidated financial statements.

NOTE A — ORGANIZATION

USANA develops and manufactures high-quality nutritional and personal care products that are sold internationally through a network marketing system, which is a form of direct selling. The Company's products are sold throughout the United States (including direct sales from the United States to the United Kingdom and the Netherlands), Canada, Mexico, Australia, New Zealand, Singapore, Malaysia, the Philippines, Hong Kong, Taiwan, the People's Republic of China ("China", "PRC", or "BabyCare"), Japan, and South Korea.

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NOTES TO CONSOLIDATED FINANCIAL STATEMENTS — (continued) (in thousands, except per share data) (unaudited)

NOTE B — FAIR VALUE OF FINANCIAL INSTRUMENTS

The Company reports term deposits in accordance with established authoritative guidance, which requires a three-level valuation hierarchy for disclosure of fair value measurements. The valuation hierarchy is based upon the transparency of inputs to the valuation of an asset or liability as of the measurement date.

The three levels are defined as follows:

- Level 1 inputs are quoted market prices in active markets for identical assets or liabilities that are accessible at the measurement date.
- Level 2 inputs are from other than quoted market prices included in Level 1 that are observable for the asset or liability, either directly or indirectly.
- · Level 3 inputs are unobservable and are used to measure fair value in situations where there is little, if any, market activity for the asset or liability at the measurement date.

The fair values of term deposits placed with banks are determined based on the pervasive interest rates in the market, which are also the interest rates as stated in the contracts with the banks. The Company classifies the valuation techniques that use the pervasive interest rates input as Level 2. The carrying values of these term deposits approximate their fair values due to their short-term maturities. As of April 2, 2011, the fair value of term deposits in the consolidated balance sheet totaled \$3,054, consisting of \$1,527, classified in cash and cash equivalents, and \$1,527 in prepaid expenses and other current assets.

NOTE C — INVENTORIES

Inventories consist of the following:

	Ja	nuary 1, 2011	 April 2, 2011
Raw materials	\$	9,372	\$ 9,833
Work in progress		5,791	5,286
Finished goods		18,915	18,671
	\$	34,078	\$ 33,790

NOTE D — PREPAID EXPENSES AND OTHER CURRENT ASSETS

Prepaid expenses and other current assets consist of the following:

Ja 	January 1, 2011		April 2, 2011
Ф	1 175	Ф	044
2	1,1/5	3	944
	2,583		2,731
	3,108		1,035
	3,735		3,027
	4,867		3,590
	3,034		1,527
	1,759		1,989
\$	20,261	\$	14,843
	\$ \$	\$ 1,175 2,583 3,108 3,735 4,867 3,034 1,759	\$ 1,175 \$ 2,583 \$ 3,108 \$ 3,735 \$ 4,867 \$ 3,034 \$ 1,759

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NOTES TO CONSOLIDATED FINANCIAL STATEMENTS — (continued) (in thousands, except per share data) (unaudited)

NOTE E — PROPERTY AND EQUIPMENT

Cost of property and equipment and their estimated useful lives is as follows:

	Years	Ja	nnuary 1, 2011	April 2, 2011
Buildings	40	\$	38,732	\$ 38,899
Laboratory and production equipment	5-7		17,723	18,060
Sound and video library	5		600	600
Computer equipment and software	3-5		27,788	27,722
Furniture and fixtures	3-5		4,953	4,973
Automobiles	3-5		290	291
Leasehold improvements	3-5		5,404	5,457
Land improvements	15		2,051	2,055
			97,541	98,057
Less accumulated depreciation and amortization			48,298	49,978
			49,243	48,079
Land			8,107	8,208
Deposits and projects in process			218	513
		\$	57,568	\$ 56,800

NOTE F — OTHER CURRENT LIABILITIES

Other current liabilities consist of the following:

	J	January 1, 2011		April 2, 2011
	ф	11 270	Ф	11 401
Associate incentives	\$	11,379	\$	11,491
Accrued employee compensation		14,395		5,818
Income taxes		1,571		6,192
Sales taxes		4,671		4,141
Associate promotions		1,491		1,179
Deferred revenue				
		11,772		9,524
Provision for returns and allowances		929		891
All other		4,971		7,140

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NOTES TO CONSOLIDATED FINANCIAL STATEMENTS — (continued) (in thousands, except per share data) (unaudited)

NOTE G — COMMON STOCK AND EARNINGS PER SHARE

Basic earnings per share are based on the weighted-average number of shares outstanding for each period. Shares that have been repurchased and retired during the periods specified below have been included in the calculation of the number of weighted-average shares that are outstanding for the calculation of basic earnings per share. Diluted earnings per common share are based on shares that are outstanding (computed under basic EPS) and on potentially dilutive shares. Shares that are included in the diluted earnings per share calculations under the treasury stock method include equity awards that are in-the-money but have not yet been exercised.

Quarters Ended			
April 3, 2010		April 2, 2011	
\$	9,641	\$	11,350
	15 200		15.005
	15,309		15,985
	2		(78)
	<u> </u>		(78)
	15,311		15,911
\$	0.63	\$	0.71
	15,311		15,911
	202		306
	15,513		16,217
\$	0.62	\$	0.70
	\$	April 3, 2010 \$ 9,641 15,309 2 —— 15,311 \$ 0.63 15,311 202 15,513	April 3, 2010 \$ 9,641 \$ 15,309 2 ———————————————————————————————————

Equity awards for 1,363 and 1,312 shares of stock were not included in the computation of diluted EPS for the quarters ended April 3, 2010, and April 2, 2011, respectively, due to the fact that their exercise prices were greater than the average market price of the shares.

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NOTES TO CONSOLIDATED FINANCIAL STATEMENTS — (continued) (in thousands, except per share data) (unaudited)

NOTE H — COMPREHENSIVE INCOME

Total comprehensive income consisted of the following:

	 Quarters Ended			
	pril 3, 2010		April 2, 2011	
Net earnings	\$ 9,641	\$	11,350	
Foreign currency translation adjustment, net of tax	 299	_	317	

Comprehensive income \$ 9,940 \$ 11,667

NOTE I — SEGMENT INFORMATION

USANA operates in a single operating segment as a direct selling company that develops, manufactures, and distributes high-quality nutritional and personal care products that are sold through a global network marketing system of independent distributors ("Associates"). As such, management has determined that the Company operates in one reportable business segment. Performance for a region or market is primarily evaluated based on sales. The Company does not use profitability reports on a regional or market basis for making business decisions. No single Associate accounted for 10% or more of net sales for the periods presented. The table below summarizes the approximate percentage of total product revenue that has been contributed by the Company's nutritional and personal care products for the periods indicated.

	Quarters E	ıded
Product Line	April 3, 2010	April 2, 2011
USANA® Nutritionals	77%	78%
USANA Foods	13%	11%
Sensé — beautiful science®	8%	8%

Selected financial information for the Company is presented for two geographic regions: North America and Asia Pacific, with three sub-regions under Asia Pacific. Individual markets are categorized into these regions as follows:

- North America
 - United States (including direct sales from the United States to the United Kingdom and the Netherlands)
 - Canada
 - Mexico
- Asia Pacific
 - · Southeast Asia/Pacific Australia, New Zealand, Singapore, Malaysia, and the Philippines
 - · Greater China Hong Kong, Taiwan, and China*
 - · North Asia Japan and South Korea

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NOTES TO CONSOLIDATED FINANCIAL STATEMENTS — (continued) (in thousands, except per share data) (unaudited)

NOTE I — SEGMENT INFORMATION — CONTINUED

Selected Financial Information

Selected financial information, presented by geographic region, is listed below for the periods ended as of the dates indicated:

	Quarters Ended			l
	April 3, 2010			April 2, 2011
Net Sales to External Customers			_	
North America				
United States	\$	37,606	\$	37,036
Canada		17,560		17,327
Mexico		5,354		5,658
North America Total		60,520		60,021
Asia Pacific				
Southeast Asia/Pacific		24,533		24,694
Greater China		28,263		52,111
North Asia		5,771		6,740
Asia Pacific Total		58,567		83,545

^{*} Our business in China is that of BabyCare, our wholly-owned subsidiary.

Consolidated Total	\$	119,087	\$ 143,566
Total Assets			
North America			
United States	\$	83,946	\$ 87,183
Canada		2,916	2,887
Mexico		3,554	3,524
North America Total		90,416	93,594
Asia Pacific			
Southeast Asia/Pacific		25,934	27,513
Greater China		10,308	79,302
North Asia		5,394	6,450
Asia Pacific Total	•	41,636	113,265
Consolidated Total	\$	132,052	\$ 206,859

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NOTES TO CONSOLIDATED FINANCIAL STATEMENTS — (continued) (in thousands, except per share data) (unaudited)

NOTE I — SEGMENT INFORMATION — CONTINUED

The following table provides further information on markets representing ten percent or more of consolidated net sales and long-lived assets, respectively:

		Quarters Ended			
	-	April 3, 2010		April 2, 2011	
Net sales:					
United States	\$	37,606	\$	37,036	
Hong Kong		22,009		40,203	
Canada		17,560		17,327	
		As	of		
	_	January 1, 2011		April 2, 2011	
Long-lived assets:	_				
United States	\$	44,017	\$	43,424	
Australia		15,779		15,906	
China		56,182		55,503	

NOTE J — SUBSEQUENT EVENTS

On April 27, 2011, the Company entered into an Amended and Restated Credit Agreement with Bank of America, N.A., increasing the line of credit with the bank to \$60,000 with a maturity date in May 2016.

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Item 2. MANAGEMENT'S DISCUSSION AND ANALYSIS OF FINANCIAL CONDITION AND RESULTS OF OPERATIONS

The following discussion and analysis of USANA's financial condition and results of operations should be read in conjunction with the Unaudited Consolidated Financial Statements and Notes thereto that are contained in this quarterly report, as well as Management's Discussion and Analysis of Financial Condition and Results of Operations that are included in our Annual Report on Form 10-K for the year ended January 1, 2011, and our other filings, including Current Reports on Form 8-K, that have been filed with the Securities and Exchange Commission ("SEC") through the date of this report.

Our fiscal year end is the Saturday closest to December 31 st of each year. Fiscal year 2011 will end on December 31, 2011, and fiscal year 2010 ended on January 1, 2011.

Overview

We develop and manufacture high-quality, science-based nutritional and personal care products that are distributed

internationally through a network marketing system, which is a form of direct selling. Our customer base comprises two types of customers: "Associates" and "Preferred Customers." Associates are independent distributors of our products who also purchase our products for their personal use. Preferred Customers purchase our products strictly for their personal use and are not permitted to resell or to distribute the products. As of April 2, 2011, we had approximately 213,000 active Associates and approximately 70,000 active Preferred Customers worldwide. For purposes of this report, we only count as active customers those Associates and Preferred Customers who have purchased product from USANA at any time during the most recent three-month period, either for personal use or for resale.

We have ongoing operations in the following markets, which are grouped and presented as follows:

- North America
 - · United States
 - Canada
 - · Mexico
- · Asia Pacific
 - Southeast Asia/Pacific Australia, New Zealand, Singapore, Malaysia, and the Philippines
 - · Greater China Hong Kong, Taiwan, and China*
 - · North Asia Japan and South Korea

Our primary product lines consist of USANA^à Nutritionals, USANA Foods, and Sensé — beautiful science^à (Sensé), which is our line of personal care products. The USANA Nutritionals product line is further categorized into two separate classifications: Essentials and Optimizers. The following tables summarize the approximate percentage of total product revenue that has been contributed by our major product lines and our top-selling products for the current and prior-year periods indicated:

	Quarter Ended			
Product Line	April 3, 2010	April 2, 2011		
USANA® Nutritionals				
Essentials	31%	29%		
Optimizers	46%	49%		
USANA Foods	13%	11%		
Sensé — beautiful science®	8%	8%		
All Other	2%	3%		

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	Quarter E	nded
Key Product	April 3, 2010	April 2, 2011
USANA® Essentials	18%	18%
Proflavanol®	12%	12%
HealthPak 100 ™	10%	9%

Because we utilize a direct selling model for the distribution of our products, the success and growth of our business is primarily based on our ability to attract new Associates and retain existing Associates to sell and consume our products. Additionally, it is important to attract and retain Preferred Customers as consumers of our products. Increases or decreases in product sales are typically the result of variations in product sales volumes relating to fluctuations in the number of active Associates and Preferred Customers purchasing our products. Notably, sales to Associates account for the majority of our product sales, representing 90% of product sales during the quarter ended April 2, 2011. In general, the volume of recurring monthly product purchases by an Associate or a Preferred Customer, in their local currencies, remain relatively constant over time. Accordingly, sales growth in local currencies is driven primarily by an increased number of active Associates and Preferred Customers. The number of active Associates and Preferred Customers is, therefore, used by management as a key non-financial measure.

The tables below summarize the changes in our active customer base by geographic region. These numbers have been rounded to the nearest thousand as of the dates indicated.

Active Associates By Region

As of	As of	Change from	Percent
April 3, 2010	April 2, 2011	Prior Year	Change

^{*} Our business in China is that of BabyCare, our wholly-owned subsidiary.

North America:						
United States	56,000	27.5%	49,000	23.0%	(7,000)	(12.5)%
Canada	25,000	12.2%	24,000	11.3%	(1,000)	(4.0)%
Mexico	13,000	6.4%	10,000	4.7%	(3,000)	(23.1)%
North America Total	94,000	46.1%	83,000	39.0%	(11,000)	(11.7)%
						Ì
Asia Pacific:						
Southeast Asia/Pacific	44,000	21.6%	40,000	18.8%	(4,000)	(9.1)%
Greater China	57,000	27.9%	82,000	38.5%	25,000	43.9%
North Asia	9,000	4.4%	8,000	3.7%	(1,000)	(11.1)%
Asia Pacific Total	110,000	53.9%	130,000	61.0%	20,000	18.2%
	204,000	100.0%	213,000	100.0%	9,000	4.4%

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Active Preferred Customers By Region

	As of April 3, 201	0	As of April 2, 2011				0	Percent Change	
North America:									
- 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1	20.000	(0.00/	20.000	5420/	(1.000)	(2.60/)			
United States	39,000	60.0%	38,000	54.3%	(1,000)	(2.6%)			
Canada	15,000	23.1%	14,000	20.0%	(1,000)	(6.7%)			
Mexico	3,000	4.7%	3,000	4.3%	_	0.0%			
North America Total	57,000	87.8%	55,000	78.6%	(2,000)	(3.5%)			
Asia Pacific:									
Southeast Asia/Pacific	6,000	9.2%	6,000	8.6%	_	0.0%			
Greater China	1,000	1.5%	8,000	11.4%	7,000	700.0%			
North Asia	1,000	1.5%	1,000	1.4%	_	0.0%			
Asia Pacific Total	8,000	12.2%	15,000	21.4%	7,000	87.5%			
	65,000	100.0%	70,000	100.0%	5,000	7.7%			

Total Active Customers By Region

	As of April 3, 2010		As of April 2, 2011		v-			Percent Change
North America:								
United States	95,000	35.3%	87,000	30.7%	(8,000)	(8.4%)		
Canada	40,000	14.9%	38,000	13.4%	(2,000)	(5.0%)		
Mexico	16,000	5.9%	13,000	4.6%	(3,000)	(18.8%)		
North America Total	151,000	56.1%	138,000	48.7%	(13,000)	(8.6%)		
Asia Pacific:								
Southeast Asia/Pacific	50,000	18.6%	46,000	16.3%	(4,000)	(8.0%)		
Greater China	58,000	21.6%	90,000	31.8%	32,000	55.2%		
North Asia	10,000	3.7%	9,000	3.2%	(1,000)	(10.0%)		
Asia Pacific Total	118,000	43.9%	145,000	51.3%	27,000	22.9%		
	269,000	100.0%	283,000	100.0%	14,000	5.2%		

We believe that our ability to attract and retain Associates and Preferred Customers to sell and consume our products is influenced by a number of factors. Some of these factors include: the general public's heightened awareness and understanding of the connection between diet and long-term health, the aging of the worldwide population as older people generally tend to consume more nutritional supplements, and the growing desire for a secondary source of income and small business ownership.

We believe that our high-quality products and our financially rewarding Associate Compensation Plan are the key components to attracting and retaining Associates. We strive to ensure that our products are up-to-date with the latest science in nutrition research and to keep our product lines relatively compact, which we believe simplifies the selling and buying process for our Associates and Preferred Customers. We also periodically make changes to our Compensation Plan in an effort to ensure that our plan is among the most generous in the industry and to encourage behavior that we believe leads to a more successful business for our Associates. There is a risk, however, that such changes may cause an unanticipated shift in Associate behavior, thus harming our business.

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To further support our Associates in building their businesses, we sponsor meetings and events throughout the year, which offer information about our products and our network marketing system. These meetings are designed to assist Associates in their business development and to provide a forum for interaction with some of our Associate leaders and members of our management team. We also provide low cost sales tools, including online sales, business management, and training tools, which we believe are an integral part of building and maintaining a successful home-based business for our Associates. Although we provide training and sales tools, we ultimately rely on our Associates to (i) sell our products, (ii) attract new customers to purchase our products; and (iii) educate and train new Associates.

We are currently most focused on the development of China through BabyCare, as well as growing our North American markets during a difficult economic environment. Over the past several years, we have experienced significant growth in our Asia Pacific region, particularly in our Hong Kong market. In light of this growth and our acquisition of BabyCare in China, we believe that we are well positioned for growth in China. For the remainder of the year, we will continue to focus our efforts in Asia Pacific on integrating BabyCare into our business and motivating our successful Asian Associate base to grow BabyCare in China. This includes working with the Chinese government to assist BabyCare in obtaining direct selling licenses in additional Chinese provinces and cities beyond Beijing and registering/introducing USANA products for sale by BabyCare in China. During the first quarter of 2011, we held our Asia Pacific Convention in Hong Kong, where a record 7,800 Associates attended. At this event we updated our Associates on the integration of BabyCare and introduced some of the BabyCare products that now include USANA branding.

Difficult economic conditions continue to present a challenge for our overall business and Associate base, especially in our North American markets. In light of these conditions, a number of our Associates and Preferred Customers have discontinued their product purchases as well as their activity in introducing new customers to our products. Our primary corporate performance objectives for 2011 are heavily weighted on sales and Associate growth in North America. The measures we are implementing to accomplish these objectives include: (i) the introduction and promotion of new training and presentation tools, which we believe are of significant assistance in helping Associates grow their businesses; (ii) efforts to increase our global brand recognition, and (iii) the enhancement of our Associate Rewards and Recognition program.

Because we have operations in multiple markets, with sales and expenses being generated and incurred in multiple currencies, our reported U.S. dollar sales and earnings can be significantly affected by fluctuations in currency exchange rates. In general, our reported sales and earnings are affected positively by a weakening of the U.S. dollar and negatively by a strengthening of the U.S. dollar. In our net sales discussions that follow, we approximate the impact of currency fluctuations on net sales by translating current year sales at the average exchange rates in effect during the comparable periods of the prior year.

Forward-Looking Statements and Certain Risks

The statements contained in this report that are not purely historical are considered to be "forward-looking statements" within the meaning of the Private Securities Litigation Reform Act of 1995 and Section 21E of the Securities Exchange Act of 1934. These statements represent our expectations, hopes, beliefs, anticipations, commitments, intentions, and strategies regarding the future. They may be identified by the use of words or phrases such as "believes," "expects," "anticipates," "should," "plans," "estimates," and "potential," among others. Forward-looking statements include, but are not limited to, statements contained in Management's Discussion and Analysis of Financial Condition and Results of Operations regarding our financial performance, revenue, and expense levels in the future and the sufficiency of our existing assets to fund our future operations and capital spending needs. Readers are cautioned that actual results could differ materially from the anticipated results or other expectations that are expressed in these forward-looking statements for the reasons that are detailed in our most recent Annual Report on Form 10-K. The fact that some of these risk factors may be the same or similar to those in our past SEC reports means only that the risks are present in multiple periods. We believe that many of the risks detailed here and in our other SEC filings are part of doing business in the industry in which we operate and will likely be present in all periods reported. The fact that certain risks are common in the industry does not lessen their significance. The forward-looking statements contained in this report, are made as of the date of this report, and we assume no obligation to update them or to update the reasons why our actual results could differ from those that we have projected. Among others, risks and uncertainties that may affect our business, financial condition, performance, development, and results of operations include:

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- · Our ability to attract and maintain a sufficient number of Associates;
- · Our dependence upon a network marketing system to distribute our products and the activities of our independent Associates;
- · Unanticipated effects of changes to our Compensation Plan;
- · Our planned expansion into international markets, including delays in commencement of sales or product offerings in any new market, delays in compliance with local marketing or other regulatory requirements, or changes in target markets;
- · General economic conditions, both domestically and internationally;
- · Potential political events, natural disasters, or other events that may negatively affect economic conditions;
- Potential effects of adverse publicity regarding the Company, nutritional supplements, or the network marketing industry;

- · Reliance on key management personnel;
- Extensive government regulation of the Company's products, manufacturing, and network marketing system;
- Potential inability to sustain or manage growth, including the failure to continue to develop new products;
- An increase in the amount of Associate incentives;
- · Our reliance on the use of information technology;
- The adverse effect of the loss of a high-level sponsoring Associate, together with a group of leading Associates, in that person's downline;
- · The loss of product market share or Associates to competitors;
- Potential adverse effects of customs, duties, taxation, and transfer pricing regulations, including regulations governing distinctions between and Company responsibilities to employees and independent contractors;
- The fluctuation in the value of foreign currencies against the U.S. dollar;
- · Our reliance on outside suppliers for raw materials and certain manufactured items;
- · Shortages of raw materials that we use in certain of our products;
- · Significant price increases of our key raw materials;
- · Product liability claims and other risks that may arise with our manufacturing activity;
- · Intellectual property risks;
- · Liability claims that may arise with our "Athlete Guarantee" program;
- · Continued compliance with debt covenants;
- · Disruptions to shipping channels that are used to distribute our products to international warehouses;
- · The introduction of new laws or changes to existing laws, both domestically and internationally; or
- · The outcome of regulatory and litigation matters.

Results of Operations

Summary of Financial Results

Net sales for the first quarter of 2011 increased \$24.5 million to \$143.6 million, or 20.6%, when compared with the first quarter of 2010. The most significant items impacting net sales during the first quarter of 2011 were increased product sales volumes resulting from an increase in the number of active Associates in Greater China, and an increase in average product sales volume per new Associate. Our growth in Greater China was led by Hong Kong, where net sales increased 82.7%, or \$18.2 million, which includes \$3.0 million in sales from our Asia Pacific Convention (we held this event during the first quarter in 2011 and during the second quarter in 2010). Our sales growth in Greater China also includes \$5.7 million in net

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sales from BabyCare. Additionally, net sales during the quarter benefited from favorable changes in currency exchange rates of approximately \$4.2 million. Sales growth was partially offset by a decrease in the number of active Associates in North America and several of our other markets in Asia Pacific.

Net earnings during the first quarter of 2011 increased 17.7% to \$11.4 million from \$9.6 million in the prior year. This increase was primarily the result of higher net sales, improved gross profit margin, and slightly lower Associate incentives as a percent of net sales. These improvements were largely offset by an increase in selling, general and administrative expenses as a percent of net sales.

Quarters Ended April 3, 2010 and April 2, 2011

Net Sales

The following table summarizes the changes in our net sales by geographic region for the quarters ended as of the dates indicated:

Net Sales by Region Approximate Change

				(in thousan Quarter Er	,		1	Change from prior	Percent	impact of currency	excluding the impact
		April 3,	2010) _	April 2,	2011		year	change	exchange	of currency
North America:											
- 10-11-1-11-11-11	ø	27.606		21 60/ 6	27.026		25 00/ 0	(570)	(1.50/)	Φ N T/ A	(1.50/)
United States	\$	37,606		31.6% \$	37,036		25.8% \$	()	(1.5%)		(1.5%)
Canada		17,560		14.7%	17,327		12.1%	(233)	(1.3%)	900	(6.5%)
Mexico		5,354		4.5%	5,658		3.9%	304	5.7%	300	0.1%
North America Total		60,520		50.8%	60,021		41.8%	(499)	(0.8%)	1,200	(2.8%)
Asia Pacific:											
Southeast Asia/Pacific		24,533		20.6%	24,694		17.2%	161	0.7%	2,200	(8.3%)
Greater China		28,263		23.7%	52,111		36.3%	23,848	84.4%	400	83.0%
North Asia		5,771		4.9%	6,740		4.7%	969	16.8%	400	9.9%
Asia Pacific Total		58,567		49.2%	83,545		58.2%	24,978	42.6%	3,000	37.5%
									•		
	\$	119,087		100.0% \$	143,566		100.0% \$	24,479	20.6%	\$ 4,200	17.0%

North America: The decrease in local currency net sales in this region was the result of lower product sales volume due to a decrease in the number of active Associates and Preferred Customers in this region. We continue to believe that the lingering difficult economic conditions, particularly in the consumer products segment, have contributed meaningfully to the decrease in active Associates and Preferred Customers in this region.

The decrease in active Associates was partially offset by an increase in customer spending. This increase was primarily due to changes that we made to our compensation, recognition, and rewards programs in the third quarter of 2010.

Asia Pacific: The increase in local currency net sales in this region was the result of higher product sales volume due primarily to an increase in the number of active Associates. This increase came predominantly from Greater China, where growth was led by Hong Kong. The number of active Associates in Hong Kong increased 35.6% year-over-year, and net sales increased 82.7%, or \$18.2 million, including the \$3.0 million in sales at our Asia Pacific Convention, and approximately \$3.0 million in sales related to customer anticipation of a price increase that was implemented at the end of the quarter. Additionally, BabyCare added approximately \$5.7 million in net sales, 11,000 active Associates, and 6,000 active Preferred Customer to this region during the first

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quarter of 2011. Excluding BabyCare, local currency net sales in this region increased 28.0%, the number of active Associates increased 8.2%, and the number of Preferred Customers increased 12.5%.

Similar to North America, we have seen an increase in customer spending in this region, which has initially helped offset a slowing in the growth rate of active Associates in Hong Kong. Beginning in the second quarter of 2011, we will implement certain strategic changes in Hong Kong, which are intended to promote growth in BabyCare. As we continue to focus on integrating and growing BabyCare in China, we expect that the number of active Associates in Hong Kong will likely begin to decrease during 2011. As such, we expect sales in Hong Kong to decline in 2011, but anticipate an increase in sales in China during 2011. We believe this change will be the result of two key factors. First, we believe that many of our key Associate leaders in Hong Kong, who qualify to do business in both Hong Kong and China, will shift their attention to growing their businesses in China through BabyCare. Second, we believe that many of our Associates in Hong Kong, who are simply consumers of our products, will begin purchasing our products in China as they become available for sale by BabyCare in China. Additionally, it is important to note that the average initial purchase amount per Associate is lower at BabyCare than our other markets. This means that, in the short-term, Hong Kong sales will likely decline at a quicker rate than we expect sales to increase in China.

Although smaller as a percent of sales, we also experienced double-digit local currency sales growth in the Philippines and South Korea. The increase in total Asia Pacific sales, on a local currency basis, was partially offset by an overall decline in sales and Associates in Southeast Asia Pacific, which we believe, similar to North America, is largely the result of difficult economic conditions.

Gross Profit

Gross profit increased to 82.1% of net sales for the first quarter of 2011 from 80.7% for the first quarter of 2010. This increase in gross profit can primarily be attributed to currency benefits, lower relative freight costs on shipments to our customers, leverage gained on increased net sales, and an overall decrease in raw materials cost.

Associate Incentives

As a percentage of net sales, Associate incentives decreased to 45.1% during the first quarter of 2011, compared with 45.4% for the first quarter of 2010. This decrease on a year-over-year basis was primarily a function of the strategic initiative that we implemented during the second quarter of 2010 to reduce Associate incentives expense as a percent of net sales. Additionally, payout under the BabyCare compensation plan is lower than under the USANA compensation plan, which on a year-over-year basis reduced overall Associate incentives as a percentage of net sales.

Selling, general and administrative expenses increased to 25.0% of net sales for the first quarter of 2011, compared with 23.1% for the first quarter of 2010. This relative increase can be attributed to (i) the addition of BabyCare expense, which is significantly higher as a percent of their net sales than the rest of our business, (ii) an increase in spending in the United States on marketing and brand recognition, and (iii) expenses related to our Asia Pacific Convention that was held during the first quarter of 2011 (the same event in 2010 was held during the second quarter).

In absolute terms, our selling, general and administrative expenses increased by \$8.4 million for the first quarter of 2011, compared with the first quarter of 2010. The most significant components of this increase in absolute terms were as follows:

- · Added costs from our newly acquired BabyCare operation of approximately \$2.9 million;
- · An increase in wage-related expenses of approximately \$1.8 million;
- Expense related to our Asia Pacific convention of approximately \$1.6 million;
- An increase in credit card and bank fees of approximately \$0.5 million; and
- · An increase related to our corporate branding efforts of approximately \$0.4 million.

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As previously mentioned, we expect sales in Hong Kong to decrease as we continue to focus on integrating and growing BabyCare in China. As a result, we expect a slowing in Greater China sales growth over the next few quarters and a corresponding increase in relative selling, general and administrative expenses.

Diluted Earnings Per Share

Diluted earnings per share increased \$0.08, or 12.9%, to \$0.70 for the first quarter of 2011, compared with the first quarter of 2010. This increase was due to higher net sales combined with improved gross profit margins and slightly lower Associate incentives expense as a percent of net sales. These improvements were partially offset by an increase in selling, general and administrative expenses and a higher average number of diluted shares outstanding.

Liquidity and Capital Resources

We have historically met our working capital and capital expenditure requirements by using both net cash flow from operations and by drawing on our line of credit. Our principal source of liquidity is our operating cash flow. There are no material restrictions on our ability to transfer and remit funds among our international markets.

Operating cash flow

We typically generate positive cash flow due to our strong operating margins. During the first quarter of 2011, we had a net cash flow from operating activities of \$17.5 million, compared with \$15.1 million in the first quarter of 2010. The most significant factor of this change was an increase in net sales.

Line of credit

We have a long-standing relationship with Bank of America. For the last few years, we have maintained a \$40.0 million credit facility pursuant to a credit agreement with Bank of America. On April 27, 2011, we entered into an Amended and Restated Credit Agreement with Bank of America, which, among other things, extends the term of our credit facility through May 2016 and increases the amount that we may borrow under the credit facility to \$60.0 million.

The agreement for this new credit facility contains restrictive covenants, which require us to maintain a consolidated rolling four-quarter adjusted earnings before interest, taxes, depreciation and amortization ("adjusted EBITDA") equal to or greater than \$60.0 million, and a ratio of consolidated funded debt to adjusted EBITDA of 2.0 to 1.0 at the end of each quarter. The adjusted EBITDA under this agreement is modified for certain non-cash expenses. Management is not aware of any issues currently impacting Bank of America's ability to honor their commitment to extend credit under this facility.

Working capital

Cash and cash equivalents increased to \$32.7 million at April 2, 2011, from \$24.2 million at January 1, 2011. Net working capital increased to \$29.4 million at April 2, 2011, from \$22.6 million at January 1, 2011. This increase in net working capital was due mostly to net cash provided by operating activities partially offset by share repurchase. Additionally, our cash balance at January 1, 2011 had been reduced by payments on our line of credit.

Share repurchase

We have a share repurchase plan that has been ongoing since the fourth quarter of 2000. Our Board of Directors has periodically approved additional dollar amounts for share repurchases under that plan. Share repurchases are made from time-to-time, in the open

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Summary

We believe that current cash balances, future cash provided by operations, and amounts available under our line of credit will be sufficient to cover our operating and capital needs in the ordinary course of business for the foreseeable future. If we experience an adverse operating environment or unusual capital expenditure requirements, additional financing may be required. No assurance can be given, however, that additional financing, if required, would be available or on favorable terms. We might also require or seek additional financing for the purpose of expanding into new markets, growing our existing markets, or for other reasons. Such financing may include the use of additional debt or the sale of additional equity securities. Any financing which involves the sale of equity securities or instruments that are convertible into equity securities could result in immediate and possibly significant dilution to our existing shareholders.

Item 3. QUANTITATIVE AND QUALITATIVE DISCLOSURES ABOUT MARKET RISK

Our earnings, cash flows, and financial position are affected by fluctuations in currency exchange rates, interest rates, and other uncertainties that are inherent in doing business and selling product in more than one currency. In addition, our operations are exposed to risks that are associated with changes in social, political, and economic conditions in our international operations. This includes changes in the laws and policies that govern investment in international countries where we have operations, as well as, to a lesser extent, changes in United States laws and regulations relating to international trade and investment.

Foreign Currency Risks. Net sales outside the United States represented 68.4% and 74.2% of our net sales in the quarters ended April 3, 2010 and April 2, 2011, respectively. Because the majority of our sales are generated outside the United States, currency exchange rate fluctuations may have a significant effect on our sales and earnings. This risk is partially mitigated by the fact that our sales are spread across 15 countries, with Hong Kong (where the local currency is tied to the U.S. dollar) being our largest international market, at 28.0% of net sales in the quarter ended April 2, 2011, followed by Canada at 12.1%. The local currency of each international subsidiary is considered the functional currency, with all revenue and expenses being translated at weighted-average currency exchange rates for the applicable periods. In general, our reported sales and earnings are affected positively by a weakening of the U.S. dollar and negatively by a strengthening of the U.S. dollar relative to the currencies in the countries where we have operations. Changes in currency exchange rates may also affect our product margins, because we manufacture the majority of our products in the U.S. and sell them to our international subsidiaries in their respective functional currencies. We are unable to reasonably estimate the effect that currency fluctuations may have on our future business, results of operations, or financial condition. This is due to the uncertainty in and the varying degrees and type of exposure that we face from fluctuations in various currencies.

At times we have sought to reduce exposure to fluctuations in currency exchange rates by creating offsetting positions through the use of currency exchange contracts on cash that we repatriate. We do not use derivative financial instruments for trading or speculative purposes. We have also considered the costs and benefits of managing currency impacts on net sales and certain balance sheet items. There can be no assurance that our practices will be successful in eliminating all or substantially all of the risks that may be encountered in connection with our currency transactions. As of April 2, 2011, we had no currency exchange contracts in place.

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Following are the average exchange rates of currency units to one U.S. dollar for each of our international markets for the periods indicated:

Quarter Ended

	April 3, 2010	April 2, 2011		
~ " ~ "				
Canadian Dollar	1.04	0.99		
Australian Dollar	1.10	0.99		
New Zealand Dollar	1.41	1.32		
Hong Kong Dollar	7.76	7.79		
Japanese Yen	90.74	81.97		
New Taiwan Dollar	31.92	29.33		
Korean Won	1,142.55	1,111.11		
Singapore Dollar	1.40	1.28		
Mexican Peso	12.75	12.05		
Chinese Yuan	6.83	6.58		
Malaysian Ringitt	3.36	3.05		
Philippine Peso	45.92	43.67		

Interest Rate Risks. As of April 2, 2011, we had no outstanding debt, and therefore, we currently have no direct exposure to interest rate risk. We do, however, maintain a line of credit with Bank of America, which contains, among other things, interest rates that have been set pursuant to that agreement.

Item 4. CONTROLS AND PROCEDURES

Disclosure Controls and Procedures

We maintain disclosure controls and procedures that are designed to ensure that information that is required to be disclosed in our Exchange Act reports is recorded, processed, summarized, and reported within the time periods that are specified in the SEC's rules and forms and that such information is accumulated and communicated to management, including our Chief Executive Officer and Chief Financial Officer, as appropriate, to allow timely decisions regarding any required disclosure. In designing and evaluating these disclosure controls and procedures, management recognized that any controls and procedures, no matter how well designed and operated, can provide only reasonable assurance of achieving the desired control objectives.

As of the end of the period covered by this report, our Chief Executive Officer and Chief Financial Officer evaluated the effectiveness of the design and operation of our disclosure controls and procedures (as defined in Rule 13a- 15(e) under the Exchange Act). Based on this evaluation, the Chief Executive Officer and Chief Financial Officer concluded that our disclosure controls and procedures were effective as of April 2, 2011.

Changes in Internal Control Over Financial Reporting

There were no changes in our internal control over financial reporting that occurred during the quarter ended April 2, 2011 that have materially affected, or are reasonably likely to materially affect, our internal control over financial reporting.

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PART II. OTHER INFORMATION

Item 2. UNREGISTERED SALES OF EQUITY SECURITIES AND USE OF PROCEEDS

(c) Repurchases

Issuer Purchases of Equity Securities (amounts in thousands, except per share data)

<u>Period</u>	Total Number of Shares Purchased	 Average Price Paid per Share	Total Number of Shares Purchased as Part of Publicly Announced Plans or Programs	Approximate Dollar Value of Shares that May Yet Be Purchased Under the Plans or Programs *
Fiscal January				
(Jan. 2, 2011 through Feb. 5, 2011)	0	\$ 0.00	0	\$ 31,705
Fiscal February				
(Feb. 6, 2011 through Mar. 5, 2011)	161	\$ 34.26	161	\$ 26,196
Fiscal March				
(Mar. 6, 2011 through Apr. 2, 2011)	90	\$ 33.50	90	\$ 23,183
	251	\$ 33.99	251	

^{*} The Company's share repurchase plan has been ongoing since the fourth quarter of 2000, with the Company's Board of Directors periodically approving additional dollar amounts for share repurchases under the plan. There currently is no expiration date on the approved repurchase amount.

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Item	o.	EXHIBITS

Exhibit Number

Description

3.1 Amended and Restated Articles of Incorporation (Incorporated by reference to Report on Form 8-K, filed April 25, 2006) 3.2 Bylaws (Incorporated by reference to Report on Form 8-K, filed April 25, 2006) 4.1 Specimen Stock Certificate for Common Stock, no par value (Incorporated by reference to Registration Statement on Form 10, File No. 0-21116, effective April 16, 1993) 10.1 2002 USANA Health Sciences, Inc. Stock Option Plan (Incorporated by reference to Registration Statement on Form S-8, filed July 18, 2002)* 10.2 Form of employee or director non-statutory stock option agreement under the 2002 Stock Option Plan (Incorporated by reference to Report on Form 10-K, filed March 6, 2006)* 10.3 Form of employee incentive stock option agreement under the 2002 Stock Option Plan (Incorporated by reference to Report on Form 10-K, filed March 6, 2006)* 10.4 Credit Agreement, dated June 16, 2004, by and between Bank of America, N.A. and USANA Health Sciences, Inc. (Incorporated by reference to Report on Form 10-Q for the period ended July 3, 2004) Amendment dated May 17, 2006 to Credit Agreement dated June 16, 2004 (Incorporated by reference to Report on 10.5 Form 10-Q for the period ended September 30, 2006) 10.6 Amendment dated April 24, 2007 to Credit Agreement dated June 16, 2004 (Incorporated by reference to Report on Form 10-Q for the period ended March 31, 2007) 10.7 USANA Health Sciences, Inc. 2006 Equity Incentive Award Plan (Incorporated by reference to Report on Form 8-K, filed April 25, 2006)* 10.8 Form of Stock Option Agreement for award of non-statutory stock options to employees under the USANA Health Sciences, Inc. 2006 Equity Incentive Award Plan (Incorporated by reference to Report on Form 8-K, filed April 26, 2006)* 10.9 Form of Stock Option Agreement for award of non-statutory stock options to directors who are not employees under the USANA Health Sciences, Inc. 2006 Equity Incentive Award Plan (Incorporated by reference to Report on Form 8-K, filed April 26, 2006)* 10.10 Form of Incentive Stock Option Agreement for employees under the USANA Health Sciences, Inc. 2006 Equity Incentive Award Plan (Incorporated by reference to Report on Form 8-K, filed April 26, 2006)* 10.11 Form of Stock-Settled Stock Appreciation Rights Award Agreement for employees under the USANA Health Sciences, Inc. 2006 Equity Incentive Award Plan (Incorporated by reference to Report on Form 8-K, filed April 26, 2006)* 10.12 Form of Stock-Settled Stock Appreciation Rights Award Agreement for directors who are not employees under the USANA Health Sciences, Inc. 2006 Equity Incentive Award Plan (Incorporated by reference to Report on Form 8-K, filed April 26, 2006)* 10.13 Form of Deferred Stock Unit Award Agreement for grants of deferred stock units to directors who are not employees under the USANA Health Sciences, Inc. 2006 Equity Incentive Award Plan (Incorporated by reference to Report on Form 8-K, filed April 26, 2006)* 10.14 Form of Indemnification Agreement between the Company and its directors (Incorporated by reference to Report on Form 8-K, filed May 24, 2006)* 25

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- Form of Indemnification Agreement between the Company and certain of its officers (Incorporated by reference to Report on Form 8-K, filed May 24, 2006)*
- Share Purchase Agreement, dated as of August 16, 2010, among USANA Health Sciences, Inc., Petlane, Inc., Yaolan Ltd., and BabyCare Holdings Ltd. (Incorporated by Reference to Report on Form 8-K, filed August 16, 2010)
- 10.17 Amended and Restated Credit Agreement, dated as of April 27, 2011 (Incorporated by reference to Report on Form 8- K, filed April 28, 2011)
- 31.1 Certification of Chief Executive Officer pursuant to section 302 of the Sarbanes-Oxley Act of 2002
- 31.2 Certification of Chief Financial Officer pursuant to section 302 of the Sarbanes-Oxley Act of 2002
- 32.1 Certification of Chief Executive Officer pursuant to section 906 of the Sarbanes-Oxley Act of 2002, 18 U.S.C. Section 1350

32.2	Certification of Chief Financial Officer pursuant to section 906 of the Sarbanes-Oxley Act of 2002, 18 U.S.C. Section 135

* Denotes a management contract or compensatory plan or arrangement.

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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

USANA HEALTH SCIENCES, INC.

Date: May 10, 2011

/s/ G. Douglas Hekking

G. Douglas Hekking

Chief Financial Officer

(Principal Financial and Accounting Officer)

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CHIEF EXECUTIVE OFFICER CERTIFICATION

I, David A. Wentz, certify that:

- 1. I have reviewed this Quarterly Report on Form 10-Q of USANA Health Sciences, Inc. (the "Registrant");
- 2. Based on my knowledge, this Quarterly Report does not contain any untrue statement of a material fact or omit to state a material fact necessary to make the statements made, in light of the circumstances under which such statements were made, not misleading with respect to the period covered by this Quarterly Report;
- 3. Based on my knowledge, the financial statements, and other financial information included in this Quarterly Report, fairly present in all material respects the financial condition, results of operations and cash flows of the Registrant as of, and for, the periods presented in this Quarterly Report;
- 4. The Registrant's other certifying officer and I are responsible for establishing and maintaining disclosure controls and procedures (as defined in Exchange Act Rules 13a-15(e) and 15d-15(e)) and internal control over financial reporting (as defined in Exchange Act Rules 13a-15(f) and 15d-15(f)) for the Registrant and have:
 - a) designed such disclosure controls and procedures, or caused such disclosure controls and procedures to be designed under our supervision, to ensure that material information relating to the Registrant, including its consolidated subsidiaries, is made known to us by others within those entities, particularly during the period in which this Quarterly Report is being prepared;
 - designed such internal control over financial reporting, or caused such internal control over financial reporting to be designed under our supervision, to provide reasonable assurance regarding the reliability of financial reporting and the preparation of financial statements for external purposes in accordance with generally accepted accounting principles;
 - evaluated the effectiveness of the Registrant's disclosure controls and procedures and presented in this Quarterly Report
 our conclusions about the effectiveness of the disclosure controls and procedures, as of the end of the period covered by
 this Quarterly Report based on such evaluation; and
 - d) disclosed in this Quarterly Report any change in the Registrant's internal control over financial reporting that occurred during the Registrant's most recent fiscal quarter (the registrant's fourth fiscal quarter in the case of an annual report) that has materially affected, or is reasonably likely to materially affect, the Registrant's internal control over financial reporting; and
- 5. The Registrant's other certifying officer and I have disclosed, based on our most recent evaluation of internal control over financial reporting, to the registrant's auditors and the audit committee of the Registrant's board of directors (or persons performing the equivalent functions):
 - a) all significant deficiencies and material weaknesses in the design or operation of internal control over financial reporting which are reasonably likely to adversely affect the Registrant's ability to record, process, summarize and report financial information; and
 - b) any fraud, whether or not material, that involves management or other employees who have a significant role in the the Registrant's internal control over financial reporting.

Date: May 10, 2011 /s/ David A. Wentz

David A. Wentz Chief Executive Officer (Principal Executive Officer)

CHIEF FINANCIAL OFFICER CERTIFICATION

I, G. Douglas Hekking, certify that:

- 1. I have reviewed this Quarterly Report on Form 10-Q of USANA Health Sciences, Inc. (the "Registrant");
- 2. Based on my knowledge, this Quarterly Report does not contain any untrue statement of a material fact or omit to state a material fact necessary to make the statements made, in light of the circumstances under which such statements were made, not misleading with respect to the period covered by this Quarterly Report;
- 3. Based on my knowledge, the financial statements, and other financial information included in this Quarterly Report, fairly present in all material respects the financial condition, results of operations and cash flows of the Registrant as of, and for, the periods presented in this Quarterly Report;
- 4. The Registrant's other certifying officer and I are responsible for establishing and maintaining disclosure controls and procedures (as defined in Exchange Act Rules 13a-15(e) and 15d-15(e)) and internal control over financial reporting (as defined in Exchange Act Rules 13a-15(f) and 15d-15(f)) for the Registrant and have:
 - a) designed such disclosure controls and procedures, or caused such disclosure controls and procedures to be designed under our supervision, to ensure that material information relating to the Registrant, including its consolidated subsidiaries, is made known to us by others within those entities, particularly during the period in which this Quarterly Report is being prepared;
 - b) designed such internal control over financial reporting, or caused such internal control over financial reporting to be designed under our supervision, to provide reasonable assurance regarding the reliability of financial reporting and the preparation of financial statements for external purposes in accordance with generally accepted accounting principles;
 - evaluated the effectiveness of the Registrant's disclosure controls and procedures and presented in this Quarterly Report our conclusions about the effectiveness of the disclosure controls and procedures, as of the end of the period covered by this Quarterly Report based on such evaluation; and
 - d) disclosed in this Quarterly Report any change in the Registrant's internal control over financial reporting that occurred during the Registrant's most recent fiscal quarter (the registrant's fourth fiscal quarter in the case of an annual report) that has materially affected, or is reasonably likely to materially affect, the Registrant's internal control over financial reporting; and
- 5. The Registrant's other certifying officer and I have disclosed, based on our most recent evaluation of internal control over financial reporting, to the registrant's auditors and the audit committee of the Registrant's board of directors (or persons performing the equivalent functions):
 - all significant deficiencies and material weaknesses in the design or operation of internal control over financial reporting which are reasonably likely to adversely affect the Registrant's ability to record, process, summarize and report financial information; and
 - b) any fraud, whether or not material, that involves management or other employees who have a significant role in the the Registrant's internal control over financial reporting.

Date: May 10, 2011 /s/ G. Douglas Hekking

G. Douglas Hekking
Chief Financial Officer
(Principal Accounting and F

(Principal Accounting and Financial Officer)

CERTIFICATION PURSUANT TO 18 U.S.C. SECTION 1350, AS ADOPTED PURSUANT TO SECTION 906 OF THE SARBANES-OXLEY ACT OF 2002

The undersigned hereby certifies that the Quarterly Report on Form 10-Q of USANA Health Sciences, Inc. for the quarter ended April 2, 2011 as filed May 10, 2011 with the Securities and Exchange Commission, fully complies with the requirements of Section 13(a) or 15(d) of The Securities Exchange Act of 1934 (15 U.S.C. 78m) and that the information contained in the Quarterly Report fairly presents, in all material respects, the financial condition and results of operations of USANA Health Sciences, Inc.

Date: May 10, 2011 /s/ David A. Wentz

David A. Wentz Chief Executive Officer (Principal Executive Officer)

CERTIFICATION PURSUANT TO 18 U.S.C. SECTION 1350, AS ADOPTED PURSUANT TO SECTION 906 OF THE SARBANES-OXLEY ACT OF 2002

The undersigned hereby certifies that the Quarterly Report on Form 10-Q of USANA Health Sciences, Inc. for the quarter ended April 2, 2011 as filed May 10, 2011 with the Securities and Exchange Commission, fully complies with the requirements of Section 13(a) or 15(d) of The Securities Exchange Act of 1934 (15 U.S.C. 78m) and that the information contained in the Quarterly Report fairly presents, in all material respects, the financial condition and results of operations of USANA Health Sciences, Inc.

Date: May 10, 2011 /s/ G. Douglas Hekking

G. Douglas Hekking Chief Financial Officer (Principal Accounting and Financial Officer)