UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): August 21, 2002

USANA Health Sciences, Inc.

(Exact name of registrant as specified in its charter)

Utah 0-21116 87-0500306 (State of Incorporation) (Commission File No.) (IRS Employer Identification No.)

> 3838 West Parkway Boulevard Salt Lake City, Utah 84120

(Address of Principal Executive Offices, Zip Code)

Registrant's telephone number, including area code (801) 954-7100

Item 5. Other Events

On August 21, 2002, the company entered into a Second Amendment to Credit Agreement with Bank of America, N.A. The amendment changes the terms of an earlier credit agreement, as amended, implementing changes requested by the company. The prior agreement made available a revolving line of credit in the amount of \$12,500,000 and a term loan to the company in the amount of \$10,000,000.

Under the amended credit agreement, the company requested that the revolving line amount be reduced to \$10,000,000. The interest rate is computed at the bank's Prime Rate or the London Inter-bank Offer Rate (LIBOR) adjusted by features specified in the credit facilities. The company may choose to borrow at the bank's publicly announced Prime Rate plus a margin per annum as specified in the credit facilities or, at the option of the company, loans within the approved commitment may be available in minimum amounts of \$10,000 or more for specific periods ranging from one to six months, at LIBOR plus a margin specified in the credit facilities.

The amended credit agreement prohibits the pruchase, retirement or redemption of the company's stock, except that from September 1, 2002 through December 31, 2003, the company may purchase, retire, or redeem up to \$5,000,000 of its capital stock and thereafter the company may purchase, retire, or redeem capital stock in an aggregate amount not to exceed the sum of (1) 25% of the cumulative net income of the company for all fiscal quarters after December 31, 2003, less (2) the cumulative amount of cash dividends paid on the company's stock after December 31, 2003. This is expected to permit the company to continue its previously announced and ongoing stock repurchase program by making purchases in the open market within the limitation contained in the amendment to the credit agreement.

The company may not declare or pay any cash dividends without the prior written consent of Bank of America, except that after December 31, 2003, the company may declare and pay cash dividends in an aggregate amount not to exceed

the sum of (1) 25% of the cumulative net income of the company less (2) the cumulative amount of the company's common stock purchased, retired, or redeemed after December 31, 2003. The amended credit agreement also contains restrictive covenants requiring the company to maintain a minimum tangible net worth according to ratios contained in the agreement.

The amended agreement expires September 1, 2004, unless terminated earlier in accordance with its terms. Unmodified sections of the original amended credit agreement remain in effect and unchanged by the second amendment. A copy of the second amendment is filed with this report as an exhibit hereto.

ITEM 7. FINANCIAL STATEMENTS AND EXHIBITS

(c) Exhibits

10.13 Second Amendment to Credit Agreement dated August 21, 2002

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

USANA, INC.

By: /s/ Gilbert A. Fuller

Sr. Vice President and Chief Financial Officer

Dated: August 23, 2002

SECOND AMENDMENT TO CREDIT AGREEMENT

THIS SECOND AMENDMENT TO CREDIT AGREEMENT ("Amendment") is made and entered into by and between USANA Health Sciences, Inc., a Utah corporation ("Borrower") and Bank of America, N.A., a national banking association ("Bank").

Recitals

A. Borrower and Bank are parties to that certain Credit Agreement dated March 26, 2001, as amended by that certain letter agreement dated January 25, 2002, by that certain letter agreement dated May 8, 2002, by that certain First Amendment to Credit Agreement dated as of April 17, 2002 and by that certain letter agreement dated July 23, 2002 (as amended or otherwise modified, the "Credit Agreement") pursuant to which, among other things, Bank made available a revolving line of credit in the amount of \$12,500,000 and a term loan to Borrower in the amount of \$10,000,000.

B. Borrower has requested that Bank reduce the amount of the revolving line of credit to \$10,000,000 and extend the maturity thereof to September 1, 2004 and to make certain other changes to the Credit Agreement, which Bank has agreed to do on the terms and conditions herein contained.

NOW THEREFORE, in consideration of the foregoing, Borrower and Bank agree as follows:

Agreement

1. DEFINED TERMS. Capitalized terms not otherwise defined herein shall have the meanings given in theCredit Agreement.

2. AMENDMENTS TO CREDIT AGREEMENT. The Loan Agreement is amended as follows:

(a) Amendment to Section 1.6. Section 1.6 is amended and restated to read as follows:

1.6 Credit Limit shall mean \$10,000,000.

(b) Amendment to Section 1.23. Section 1.23 is amended and restated to read as follows:

1.23 Termination Date shall mean September 1, 2004, or such earlier date upon which Bank's commitment to make Advances or issue Letters of Credit is terminated pursuant to Subsection 10.2(a).

(c) Amendment to Section 8.2. Section 8.2 is amended and restated to read as follows:

8.2 Tangible Net Worth. Maintain as of the end of each of Borrower's fiscal quarters, a Tangible Net Worth of not less than the sum of (a) 12,000,000, plus (b) 50% of the cumulative net income of Borrower for all fiscal quarters ended after December 31, 2000, in which Borrower's net income was greater than zero, plus (c) 100% of the amount, if any, by which the shareholders' equity of Borrower has increased since December 31, 2000 as a result of the issuance of capital stock or the conversion of debt securities into capital stock, minus (d) the aggregate amount of Borrower's capital stock purchased, retired, or redeemed by Borrower during the period commencing September 1, 2002 and ending December 31, 2003 up to a maximum amount of \$5,000,000 minus (e) the aggregate amount of (i) Borrower's capital stock purchased, retired, or redeemed by Borrower plus (ii) cash dividends paid by Borrower on its capital stock, in each case after December 31, 2003, up to a maximum amount equal to 25% of the cumulative net income of Borrower for all fiscal quarters ended after December 31, 2003

(d) Amendment to Section 9.6. Section 9.6 is amended and restated to read as follows:

9.6 Capital Structure. Purchase, retire, or redeem any of its capital stock or otherwise effect any change in Borrower's capital structure, except that (a) at any time during the period commencing September 1, 2002 and ending December 31, 2003, Borrower may purchase, retire, or redeem its capital stock in an aggregate amount not to exceed \$5,000,000 and (b) at any time after December 31, 2003, Borrower may purchase, retire, or redeem its capital stock in an aggregate amount not to exceed the sum of (i) 25% of the cumulative net income of Borrower for all fiscal quarters ended after December 31, 2003 minus (ii) the cumulative amount of cash dividends paid by Borrower on its capital stock after December 31, 2003.

(e) Amendment to Section 9.7. Section 9.7 is amended and restated to read as follows:

9.7 Dividends. Declare or pay any dividend on any class of Borrower's capital stock, except dividends payable in the form of its capital stock, except that at any time after December 31, 2003, Borrower may declare and pay cash dividends on its capital stock in an aggregate amount not to exceed the sum of (i) 25% of the cumulative net income of Borrower for all fiscal quarters ended after December 31, 2003 minus (ii) the cumulative amount of Borrower's capital stock purchased, retired, or redeemed by Borrower after December 31, 2003.

3. CONDITIONS TO EFFECTIVENESS. Notwithstanding anything contained herein to the contrary, this Amendment shall not become effective until each of the following conditions is fully and simultaneously satisfied:

(a) Delivery of Amendment. Borrower and Lender shall have executed and delivered counterparts of this Amendment to each other;

(b) Corporate Authority. Lender shall have received such evidence of corporate authority and action as Lender shall request demonstrating that the execution, delivery and performance of this Amendment has been duly authorized by Borrower;

(c) Amendment Fee. Lender shall have received payment of an amendment fee in the amount of \$15,000, which fee shall be deemed fully earned when due and non-refundable when paid;

(d) Representations True; No Default. The representations of Borrower as set forth in Article 7 of the Credit Agreement shall be true on and as of the date of this Amendment with the same force and effect as if made on and as of this date. No Event of Default and no event which, with notice or lapse of time or both, would constitute an Event of Default, shall have occurred and be continuing or will occur as a result of the execution of this Amendment; and

(e) Other Documents. Lender shall have received such other documents, instruments, and undertakings as Lender may reasonably request.

4. REPRESENTATIONS AND WARRANTIES. Borrower hereby represents and warrants to Lender that each of the representations and warranties set forth in Article 7 of the Credit Agreement is true and correct in each case as if made on and as of the date of this Amendment and Borrower expressly agrees that it shall be an additional Event of Default under the Credit Agreement if any representation or warranty made hereunder shall prove to have been incorrect in any material respect when made.

5. NO FURTHER AMENDMENT. Except as expressly modified by this Agreement, the Credit Agreement and the other Loan Documents shall remain unmodified and in full force and effect and the parties hereby ratify their respective obligations thereunder.

6. RESERVATION OF RIGHTS. Borrower acknowledges and agrees that the execution and delivery by Bank of this Agreement shall not be deemed to create a course of dealing or otherwise obligate Bank to forbear or execute similar amendments under the same or similar circumstances in the future.

7. MISCELLANEOUS.

(a) This Agreement comprises the entire agreement of the parties with respect to the subject matter hereof and supersedes all prior oral or written agreements, representations or commitments.

(b) This Agreement may be executed in any number of counterparts, all of which taken together shall constitute one and the same Agreement.

(c) This Agreement and the rights and obligations of the parties hereto shall be construed and interpreted in accordance with the internal laws of the State of Washington.

EXECUTED AND DELIVERED by the duly authorized officers of the parties as of the date first above written.

Dated as of August 21, 2002.

Borrower: Bank:

USANA HEALTH SCIENCES, INC. BANK OF AMERICA, N.A.

By /s/ Gilbert A. Fuller By /s/ Mark N. Crawford

Gilbert A. Fuller, SVP & CFO Mark N. Crawford, Senior Vice President

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